



# THE RIVER WEEKLY NEWS

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Vol. 16, No. 47

From the Beaches to the River District downtown Fort Myers NOVEMBER 24, 2017



Work by Rob Goldey Images provided

## Exhibit Opening And Reception During Art Walk

Artists from ACT Gallery will host an artists reception on Friday, December 1 from 6 to 10 p.m. The opening reception will be held during December's Fort Myers Art Walk.

Rob Goldey's work will be featured in



Work by AJ Weber

the Main Gallery and AJ Weber's work will be showcased in the White Gallery.

New works from co-op artists will also be on display. All exhibits will continue through Monday, January 2.

Goldey, born in Lexington, Kentucky, spent many years in Nashville, Tennessee, continued on page 24

## Woodworking Demonstrations And Weekly Tours At Mound House

Members of the Caloosa Carvers group will demonstrate their skill at the Mound House beginning Tuesday, December 5.

Working with some of the large portion of the decades-old strangler fig that Hurricane Irma felled and other varieties of wood, members of the local group will carve masks, bowls, trays and other items related to the Calusa Indians at the Mound House on the first and third Tuesdays of the month through April. Guests to the house and grounds on Estero Bay can watch the carvers and also find their works in the Mound House retail store.

Tours of the shell mound and the house are regularly held on Tuesdays as well. The fee for either is \$15 (\$10 for ages 6 to 12) and includes museum admission. There is no charge to watch the Carvers' demonstrations.

The Mound House is located at 451 Connecticut Street on Fort Myers Beach. It is open Tuesday, Wednesday and Saturday from 9 a.m. to 4 p.m. For more information, call 765-0865 or visit [www.moundhouse.org](http://www.moundhouse.org).



Replicas of Calusa artifacts made by the Caloosa Carvers that are similar to the items found at the former Key Marco site, present day Marco Island photo provided



*A Quote by Albert Einstein* was named the winning sculpture photos by Bob Petcher

## Sand Sculptor Carves Out Winning Science Message

John Gowdy's *A Quote by Albert Einstein* captured top honors in the solo division of the 31st annual American Sand Sculpting Championship at the Wyndham Garden Hotel on Fort Myers Beach during an awards ceremony on November 19. Bruce



*There's no Elevator to Success* was chosen for second place

Waugh's *There's no Elevator to Success* placed second and Joris Kivits' *Fractured Dream* took third. Bruce Phillips' *Spherical* was chosen as Sculptor's Choice.

The 13 completed solo division sculptures will be on display at the event for the remainder of the festival, which ends Sunday, November 26. The advanced amateur and doubles division competitions will be held this week, and the results will be announced at an awards ceremony on that final day.

The American Sand Sculpting Championship is presented by the Seminole Casino Hotel. The tent is open from 10 a.m. to 5 p.m. Activities include Quick Sand



*Fractured Dream* was selected for third place

Speed Sand Sculpting, Photo Opportunity Sculptures, Kids Zone, Sand Sculpting Demonstrations and Lessons and Sand Vendor Village.

The cost is \$7; children age 4 and younger admitted free. Both active and retired military veterans can attend the event any day and receive \$1 off with military ID.

For more information and a schedule of the remaining days, visit [www.FMBSandSculpting.com](http://www.FMBSandSculpting.com) or the event's Facebook page [www.facebook.com/SandSculptingFestival](http://www.facebook.com/SandSculptingFestival).

Historic Downtown Fort Myers, Then And Now:

# Guest Rooms And Apartments On Fowler

by Gerri Reaves, PhD



From pioneer days until the middle of the last century, the Fowler Street block between First and Second was a residential area. Wood-frame family homes predominated, many of them comfortable and large.

Among the families who lived on that block in earlier times are ones familiar to history buffs and Fort Myers natives: Towles, Menge, Kinzie, Brecht, Hendry, Hough, Colcord, Furen and Ballard.

In the mid-20th century, a pattern emerged. A family home was converted to a rooming house or apartments, or occasionally to a business or office.

Later, the home was demolished and the results varied.

For example, the home of Capt. William “Wild Bill” Towles on the northwest corner at Second was converted to apartments and later demolished. The land is still undeveloped.

On the other hand, the home of Capt. Conrad Menge, also converted to apartments, was demolished and redeveloped as part of the United Methodist Church campus. The recreation center that stood there was demolished recently and that land, too, is undeveloped.

The former home of Capt. J. Fred Menge at the Second Street corner, which had been converted into Shadowlawn Apartments, became the site of Smith’s Appliances in the mid-1960s.

But on the block’s east side, tangible history holds its own, as illustrated by this circa-1960 photo.

Imagine driving over the old Edison Bridge onto Fowler and through the First Street intersection. Halfway up the block on the left, nestled beneath the shade of a large Poinciana tree, you see this 1901 house that had been converted into guest rooms.

That sign (right) offering accommodations would have been a welcome sight to



When this circa-1960 photo was taken, this 1901 house on Fowler had been converted into guest rooms photo courtesy SWFL Florida Historical Society



Today, the pioneer house is still a business, albeit a quite different one – a shop with furniture, home décor, and gifts photo by Gerri Reaves

tired travelers.

To explain the word “apartments” on the sign: The property extends through to Hough Street, and behind the house are two mid-1930s structures not visible in the photo: a cottage and small apartment building.

Among the house’s residents in its early days were Thomas M. and Margaret Callahan, who lived there in the mid-19-teens for only a couple of years. Thomas was briefly the editor and publisher of *The FM Press* and *The Weekly Press* before moving on to another venture.

In the early 1920s, JB Cox lived there. By then, he had sold his interest in a successful First Street furniture store and gone into real estate and insurance in a big way.

More recently, people will recall that Real Guitars was located there, and the house was painted bright yellow. That business closed in 2012.

Now, the charming house in the photo has become a furniture, home décor and gift shop – and a testament to the good sense of repurposing and restoring historic structures.

A footnote: The two 1930s buildings behind the house are still residences.

Take a stroll down Fowler Street and imagine a slower time, when the block was lined with family homes and shade trees.

Then visit these two research centers to learn more about the town’s range of accommodations decades ago.

The Southwest Florida Historical Society is an all-volunteer, non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit [www.swflhistoricalsociety.org](http://www.swflhistoricalsociety.org) for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Hours for the all-volunteer, non-profit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only.

For information, call 332-8778 or visit [www.leecountyblackhistorysociety.org](http://www.leecountyblackhistorysociety.org).

Sources: Archives of the Southwest Florida Historical Society and *The Story of Fort Myers* by Karl H. Grismer.✧

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# Art Center To Hold Annual Outdoor Concert



**The Nowhere Band**

photo provided

The Nowhere Band is back to help Southwest Florida celebrate the holiday season with a free outdoor concert at the Sidney & Berne Davis Art Center on Friday, December 1 from 6 to 10 p.m. The Nowhere Band is Southwest Florida's premier Beatles tribute band, which blends period costumes, authentic instruments, modern lighting and an abundantly

talented quartet of musicians to create an experience for any true Beatles fan. For more information about The Nowhere Band, visit [www.thenowhereband.com/](http://www.thenowhereband.com/).

The Sidney & Berne Davis Art Center is located at 2301 First St. in the historic downtown Fort Myers River District. Visit <http://www.sbdac.com> for more information.\*



Patrick Treadway and Chandler Smith in the opening scene of *A Tuna Christmas*

photo provided

## Two-Man Comedy Hits Theater Stage

The Off Broadway Palm Theatre presents *A Tuna Christmas* playing now through December 25. Performances are Tuesday through Sunday evenings with selected matinees. Ticket prices range from \$39 to \$59 with group discounts available for parties of 20 or more.

According to *The New York Post*, "The hilarious sequel to *Greater Tuna* is "so funny it could make a raccoon laugh affectionately at Davy Crockett... It's far too good for just Christmas." \*

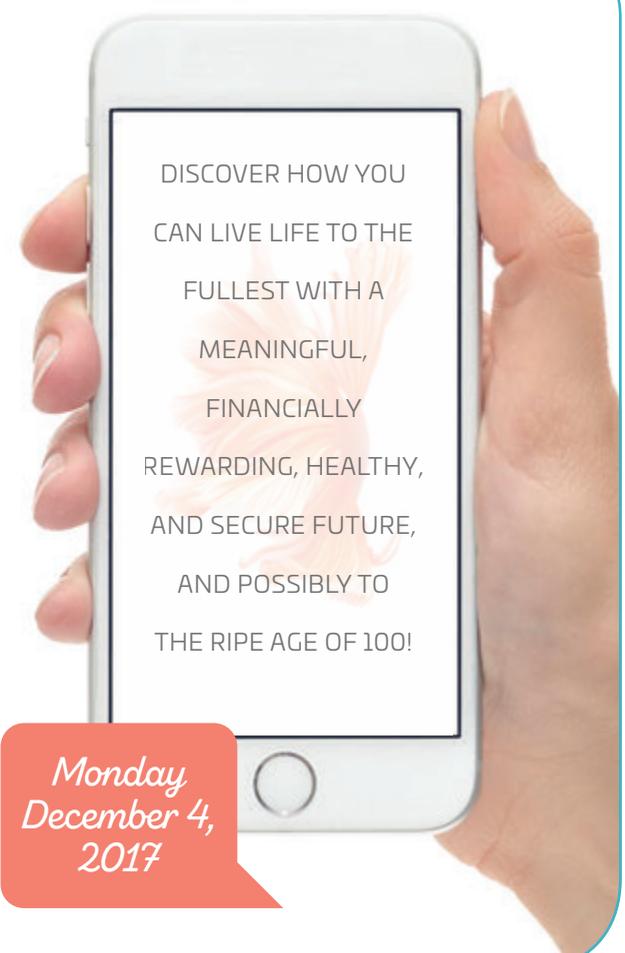
It's the holiday season in Tuna, Texas, the third-smallest town in the Lone Star State, and just two actors bring over 20 zany characters to life in this hilarious and heartwarming play. The annual Christmas Yard Display Contest sets the lunacy in motion and a mysterious phantom known for vandalizing the displays threatens to ruin the contest. All of this while one resident is trying to produce *A Christmas Carol* despite numerous obstacles and headaches.

Tickets can be reserved by calling 278-4422, by visiting [www.BroadwayPalm.com](http://www.BroadwayPalm.com) or by stopping by the box office. The Off Broadway Palm Theatre is located at 1380 Colonial Boulevard in Fort Myers.\*

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Monday  
December 4,  
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## Heavenly Comedy At Lab Theater

by Di Saggau

Laboratory Theater of Florida is presenting a Southwest Florida Premiere, with *An Act of God* by David Javerbaum. The play is fresh from Broadway where it starred Jim Parsons and later Sean Hayes as God. It is our good fortune to have Miguel Cintron in this Divine role. He has so much dialogue it's almost a one-man show, but we can't overlook his two archangels, wingmen Gabriel and Michael played by Dave Yudowitz and Rob Green. They serve as Commandment reader and questioning audience roamer and do a fine job of adding additional humor to the show.

Cintron, as The Creator, in his flowing white robe, and occasional martini in hand, is set on clearing up questions about His Ten Commandments. He begins by telling us that he really is Miguel Cintron, not God, and then continues in his role. He talks directly to the audience and also answers questions that Michael throws out from the audience.

Two new commandments are "Thou Shalt not kill in my name" and "Thou shalt not tell others whom to fornicate." With the latter he dispels any notion that he is homophobic because he says he actually first created Adam and Steve. As to the other, he asks why people believe that it's a God-given right to have guns. "Where did you read that in the Bible?" He asks. God also likes movies but as to



Miguel Cintron as The Almighty

photo provided

*The Sixth Sense* He says, "I did not see that one coming, and I see dead people all the time."

God denies telling Noah to put two of every animal on the Ark, saying, "Let's face it, they wouldn't fit." Cintron has no problem fitting into the white robes of the All Powerful. His comedic timing, attitude and personable charm enable him to win over the audience immediately. God pokes fun at organized religion, and there are some strong political jabs too.

All in all, this show makes for a most enjoyable evening with lots of laugh-out-loud moments. To quote Artistic Director Annette Trossbach, "It's such a fun show,

and I'm delighted that Lab Theater is able to present another Southwest Florida premiere. We work hard to get some new material onstage every year and the reception for this show has been very positive!" *An Act of God* is directed by Mitch Haley, and it runs through December 9 at Laboratory Theater of Florida, located in downtown Fort Myers at 1634 Woodford Avenue. For tickets call the box office at 218-0481 or go online to [Brownpapertickets.com](http://Brownpapertickets.com).✪

## Fish Fry And Silent Auction Benefit

The annual Ostego Bay Silent Auction and Old Fashioned Fish Fry benefit will be held at Bonita Bill's Waterfront Café on Friday, December 1 from 5 to 8 p.m. The fundraiser supports Ostego Bay Foundation, a self-funded nonprofit organization that promotes the understanding, preservation and enhancement of the unique marine environment through education, research and community involvement.

There is no cost to participate in the silent auction. Cost for the fish fry is \$10. There will be 50/50 raffles.

Bonita Bill's Waterfront Café is located at 702 Fisherman's Wharf under the Matanzas Pass Bridge on San Carlos Island. For more information, call 765-8101, email [info@ostegobay.org](mailto:info@ostegobay.org) or visit [www.ostegobay.org](http://www.ostegobay.org).✪

## Estates To Close For Thanksgiving

Edison & Ford Winter Estates will be closed on Thanksgiving Day, November 23. The site will re-open at 9 a.m. Friday, November 24.

The opening of the 42nd annual Holiday Nights celebration takes place on November 24. The event will kick off with the annual tree lighting ceremony at 6 p.m.

Edison Ford will be open every night until 9 p.m. from November 24 through December 31 except for Christmas Eve and Christmas Day.

For more information, visit [www.EdisonFordWinterEstates.org](http://www.EdisonFordWinterEstates.org) or call 334-7419.✪

## Jazz On The Green VIP Tickets On Sale

Jazz on the Green, the popular Fort Myers music festival, will be resurrected at Six Bends Harley-Davidson on Saturday, March 10, 2018 from 5 to 9 p.m. It will offer three notable music ensembles to raise money for Make-a-Wish Foundation. VIP tickets are on sale at an early bird rate of \$75 through November 30, just in time for the holiday shopping season. Visit [www.jazzonthegreenatsixbends.eventbrite.com](http://www.jazzonthegreenatsixbends.eventbrite.com).

Presented by Cushman & Wakefield, Jazz on the Green at Six Bends offers more than music. There will be gourmet food, drinks, giveaways and dancing on the lawn for this all-white-attire event. The fundraising goal for this concert is to enable one wish each to be granted through the Make-a-Wish Foundation to two local children with critical illnesses.

VIP guests are treated to heavy hors d'oeuvres plus cocktails, an embroidered lawn blanket and VIP seating in front of the stage with room to dance. Any VIP tickets remaining after December 1 will be available for purchase for \$100. Premier and general admission ticket sales will also begin December 1.

World-renowned saxophonist Jeff Rupert with his quintet will be the evening's headline act. Rupert has performed or recorded with Diane Schuur, Mel Tormé, Kevin Mahogany, Sam Rivers, Maynard Ferguson, Ernestine Anderson, Benny Carter's Grammy-winning Harlem Renaissance and composed and arranged for many artists. He is director of Jazz Studies at the University of Central Florida and founder of Flying Horse Records.

Jaguar Land Rover Fort Myers will display more than a dozen all-white vehicles lining Six Bends' Thunder Plaza. Every ticket purchaser will automatically be entered to win one of two one-week rentals of either a Jaguar or Land Rover.

In addition to presenting sponsor Cushman & Wakefield, sponsors include Henderson, Franklin, Starnes and Holt, PA; Jaguar Land Rover Fort Myers; Marine Max Fort Myers; CONRIC PR & Marketing; and Dwayne Bergmann Interiors. Limited sponsorship opportunities remain. For more information on sponsorship availability, call 844-749-2363.✪

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Fort Myers Art:

## Pulitzer-Winning Drama Tackles Tough Issues



by Tom Hall

**H**ow far must an immigrant go in order to fit into American society? Is more required than just learning English? Must they also renounce their cultural identity in order to gain

mainstream acceptance? Questions such as these have been asked for decades by the huddled masses arriving on our shores from Italy, Ireland and other nations across the globe. The questions even resound in black and Latino families, and they're at the heart of *Disgraced*, a Pulitzer Prize-winning drama by Ayad Akhtar that is taking the stage in the Artstage Studio Theatre at Florida Rep through December 10.

The play's protagonist is Amir Kapoor, a successful and seemingly well-adjusted corporate lawyer living and working in Manhattan. He's happy, in love with his wife, Emily, and about to land the biggest promotion of his career in attaining his lifelong ambition to partner in his Jewish law firm. However, in order to climb the corporate ladder, he's had to hide his cultural identity. His practice and personal



*Disgraced* plays at Florida Rep until December 10

photo courtesy www.artswfl.com

life slowly begin to unravel after he helps his nephew with a case defending a man of Muslim faith.

Matters come to a head at an intimate dinner party that he and Emily host for two colleagues and friends during which Amir begins to question whether the life he has built is a carefully-constructed façade. The innocent little dinner party quickly devolves into an intense conversation involving religion, race and betrayal. Accusations are made, truths revealed, and Amir's life will never be the same.

Directed by V. Craig Heidenreich, *Disgraced* stars Amir Darvish as Amir, Rachel Burttram as Emily, Imran Sheikh as Abe, Mary E. Hodges as Jory and

Gregg Weiner as Isaac.

Ayad Akhtar is a novelist, playwright, screenwriter and actor. His book, *American Dervish*, has been published in more than 20 languages.

*Disgraced* deals with issues ripped from the headlines. In addition to the Pulitzer Prize for Drama, *Disgraced* ran on Broadway at the Lyceum Theatre, was nominated for the 2015 Tony Award for Best Play, and was the most produced play of 2016. Two other plays (*The Who & The What* and *The Invisible Hand*) received Off-Broadway runs and are currently being produced around the world. As a screenwriter, Akhtar was nominated for an Independent Spirit Award for Best Screenplay for *The War Within*. He has received fellowships from MacDowell, Djerassi, the Sundance Institute, Ucross and Yaddo, where

he serves as a member of the board of directors. His work covers various themes including the human condition, love, responsibility, relationships, the American-Muslim experience, economics, immigration, identity and aspects of culture.

Described by *The New York Times* as "terrific, turbulent, with fresh currents of dramatic electricity," *Disgraced* places contemporary attitudes under a microscope and fearlessly questions whether we can ever truly escape the confines of our upbringing and heritage. It is an engaging and provocative story of religion, race and betrayal.

"*Disgraced* is one of the most acclaimed plays of the last five years and it deals with some very hard issues that need to be discussed across the country and in our community," said Producing Artistic Director Robert Cacioppo. "It is our mission to produce a wide variety of plays, and so we're proud to be opening this hard-hitting and intense drama while the comedy *Sylvia* is playing down the hall. These two plays running simultaneously really epitomize Florida Rep's signature variety."

All weeknight performances from Tuesday through Thursday begin at 7 p.m. Friday and Saturday performances begin at 8 p.m. Matinees are Thursdays, Sundays and selected Saturdays at 2 p.m.

Tickets are from \$45 to \$55, and \$25 to \$35 for previews. For tickets, call 332-4488 or visit [www.floridarep.org](http://www.floridarep.org).

*Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.\**

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## Santa's Block Party During Festival Of Trees

**J**oin Saint Nick for fun, food, and holiday festivities at Santa's Block Party at Sidney & Berne Davis Art Center on Saturday, December 2 from 10 a.m. to 2 p.m. The event offers workshops where kids can make arts, crafts and holiday cards as well as decorate Publix cookies and make wood crafts with help from Home Depot. Brunch will be available for purchase from local food trucks.

Santa's Block Party will be held during Goodwill of Southwest Florida's 11th anniversary of Festival of Trees, which will be held at the art center from Wednesday, November 29 at 11 a.m. to Sunday, December 3rd at 5 p.m. The Festival of Trees is a showcase of trees designed and decorated by local businesses, individuals and organizations, then auctioned and raffled.

The Sidney & Berne Davis Art Center is located at 2301 First St. in the historic downtown Fort Myers River District. For more information on Santa's Block Party, visit [www.sbdac.com/event/santas-block-party-2016/](http://www.sbdac.com/event/santas-block-party-2016/).

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## MDA Gala Raises More Than \$130K



Tara, Dan and Carter Rhodes photo provided

and civic leaders attended the high energy, life-changing event at the Sanibel Harbour Marriott Resort in Fort Myers. The gala featured live and silent auctions and food, all while raising critical funds and awareness to find urgently needed treatments and cures for families in the Southwest Florida area affected by muscle-debilitating diseases.

Local MDA Ambassador Carter Rhodes was honored at the event. His mother, Tara, gave a heart-wrenching speech of Carter's journey through life. "I am so thankful for the MDA and everything they stand for. Carter will have hope for his future and one day have a cure."

Erin Randall, executive director of the local MDA chapter said: "It's great to know that there are people who care enough about others... even if they never meet. We are working hard every day to help families like you and I right here in our community. With the help of many local businesses and community leaders, this event is possible."

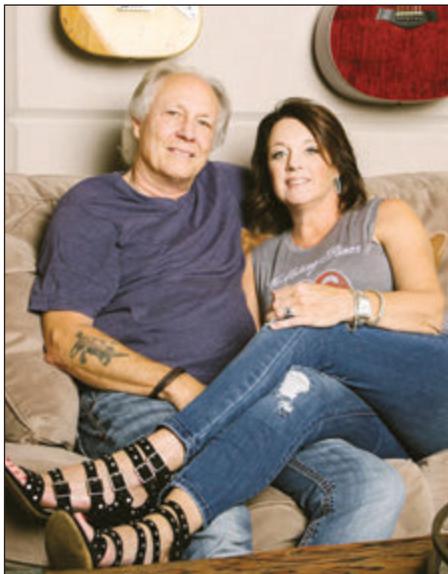
Contributions also will help MDA's efforts to fund groundbreaking research and more than 150 MDA Care Centers across the country, including the MDA Care Center at Sarasota Memorial Hospital. More than 50 local kids will attend "the best week of the year" at MDA Summer Camp at no cost to their families at Rotary's Camp Florida in Brandon, Florida.

For more information about MDA's local services, call 437-6900.\*

The Muscular Dystrophy Association (MDA) recently announced that the 2nd annual Toast to Life Gala of Southwest Florida held on November 2 raised more than \$130,000 to help free kids and adults from the harm of muscular dystrophy, ALS and related life-threatening diseases that severely weaken muscle strength and mobility.

More than 200 business, community

## Acoustic Series With Members Of Little River Band



Rhonda and Wayne Nelson photo provided

The inaugural From the Road event will be at The Barrel Room in downtown Fort Myers on Sunday, December 3. Doors will open at 4 p.m. with food and beverages available for purchase. The first guests will be author Rhonda Nelson and her husband, Wayne, of Little River Band. They will be joined by Greg Hind and Chris Marion, also members of Little River Band. The acoustic show will be followed by a meet and greet with photos and autographs.

Tickets are \$20 plus taxes and fees. Seating is very limited, and tickets are only available by calling *Happenings Magazine* in advance at 278-5236 or 777-2164.

Rhonda has written a book about life on the road with her rock star husband, Wayne, the lead singer and bass player for Little River Band. Since 2000, the couple have traveled across the United States together, sharing a love of classic rock, seeking out their favorite wineries and socializing with new and old friends alike.

In *A Different Life*, Rhonda pulls back the curtain on celebrity life while offering readers a chance to hear stories, enjoy treasured family recipes and photos and experience all things pertaining to life on the road.

Formed in 1975, Little River Band has sold more than 30 million records and had many hits like *Help is On the Way*, *Cool Change*, *Reminiscing*, *Lonesome Loser* and others.\*

The owners of *Happenings Magazine* have created a new event called From the Road - Stories and Songs. The series will feature intimate and interactive events around Southwest Florida with national artists who will share their stories in an acoustic and intimate venue.

## Improv Group Comes To Alliance



Members of Square One Improv

photo provided

The Alliance for the Arts will present Square One Improv group in the theatre on Saturday, November 25 at 8 p.m. Square One Improv is a high energy, interactive, musical improvisation comedy experience. Shows are based on songs, sketches and jokes made up on the spot based on audience suggestions. No two shows are the same.

General seating tickets are \$15.

Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, visit [www.ArtInLee.org](http://www.ArtInLee.org) or call 939-2787.\*

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## Along The River

**Edison & Ford Winter Estates** will kick off its 42nd celebration of **Holiday Nights** this Friday, November 24. The winter estate homes of Thomas Edison and Henry Ford will be decorated with thousands of lights and decorations. Opening night festivities will start at 6 p.m. with the annual tree lighting ceremony.

This year's theme for the annual tradition in Southwest Florida is A Star Spangled Holiday and reminisces holidays from the Victorian Era with red, white and blue lights, along with decorations.

The Liquid Fireworks by Waltzing Waters water fountain light show returns, and there will be holiday carolers strolling around the site.

For children, local artist Doug MacGregor will be on site drawing cartoons on Friday as well as December 9, 16 and 23. Santa will be visiting on select nights, and children are also invited each night to make holiday postcards for military personnel. In addition, the Children's Tree Trail opened on November 20 and includes more than 60 trees with handmade ornaments from local school children.

The Edison Ford Museum and Botanic Research Laboratory, as well as the Ford Cottage Shoppe, Museum Store and Garden Shoppe will be open until 9 p.m. every night. The museum features two new exhibits, including the Smithsonian Spark!Lab and the Timeline of Innovation.



**Holiday Nights at Edison & Ford Winter Estates begins this Friday**

photo provided

Guided Holiday Tradition Tours will be offered at 6 and 7 p.m. nightly and Inside-the-Homes Holiday Tours on Tuesday nights, starting on Tuesday, November 28 at 6:30 p.m.

Holiday Nights tickets for adults are \$20, teens (ages 13 to 19) are \$10, children (ages 6 to 12) are \$2, and children age 5 and younger are free. Edison Ford members are also admitted free. Guided Holiday Tradition Tours are \$30 for adults, \$25 for teens, \$18 for children and \$10 for Edison Ford

members. Inside-the-Homes Holiday Tours are \$50. Lee County residents will receive \$5 off tickets on November 27, 28 and 29. Visitors are able to view the lights from 5:30 to 9 p.m. nightly from November 24 to December 31, except Christmas Eve and Christmas Day. To confirm tour times, visit [www.edisonfordwinterestates.org](http://www.edisonfordwinterestates.org) or call 334-7419.

The 31st annual **American Sand Sculpting Championship** continues at **Wyndham Garden Hotel** through this Sunday, November 26. The tent will be open daily from 10 a.m. to 5 p.m. Admission is \$7 per person; children age 4 and younger are admitted free.

Last week, master sand sculptors competed in the Singles Division. This weekend, four teams of master sculptors will compete in the Doubles Division with an award ceremony on Sunday

afternoon. The doubles teams include Melineige Beaugard and Joris Kivits; Paul and Remy Hoggard; "Amazin" Walter McDonald and John Gowdy; and Bruce Phillips and Jihoon Choi.

The festival features more than 40 sand sculptures, Quick Sand Speed Sand Sculpting, photo opportunities, a Kids Zone, sand sculpting demonstrations and lessons, amateur contests, state championships and the Sand Vendor Village with more than 50 vendors.

For more information, visit [www.FMBSandSculpting.com](http://www.FMBSandSculpting.com) or the Facebook page at [www.facebook.com/SandSculptingFestival](http://www.facebook.com/SandSculptingFestival). Wyndham Garden Hotel is located at 6890 Estero Boulevard on Fort Myers Beach.

**Sanibel Masters Art Festival** will feature 75 artists from across the nation on the grounds of **Sanibel Community House** this Friday and Saturday, November 24 and 25 from 9 a.m. to 4 p.m. each day.

The art festival is celebrating its annual tradition during the Thanksgiving holiday with paintings, jewelry, sculpture, glasswork and more for sale. Proceeds from the event benefit the programs at the Sanibel Community House and BIG ARTS. The BIG ARTS Chorus will perform a preview of its holiday concert.

Sanibel Community House is located at 2173 Periwinkle Way on Sanibel. For more information, call 293-9448 or visit [www.boulderbrook.net](http://www.boulderbrook.net).

The annual **Car Cruise-In** will take place in **downtown Fort Myers** this Sunday, November 26 from 10 a.m. to 2 p.m. The October to May event is run by the River District Alliance (RDA).

From classic to cool, show cars will line the downtown streets. There will be music, food, drinks and vendors.

For more information, contact Jared Beck at [riverdistrictevents@gmail.com](mailto:riverdistrictevents@gmail.com) or Jeannette Barnes at [riverdistrictplanning@gmail.com](mailto:riverdistrictplanning@gmail.com) or call 818-915-8770.\*



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## Festival Of Trees Benefit Nears

**R**ing in the holiday season at the 11th annual Festival of Trees from November 29 to December 2 at the Sidney & Berne Davis Art Center. Local businesses and organizations will decorate unique Christmas trees to be raffled and auctioned.

The festival will also include a throwback Christmas concert from the Nowhere Band on Friday, December 1 from 6 to 10 p.m. Santa's Block Party will be held on Saturday, December 2 from 10 a.m. to 2 p.m.

The Southwest Florida Goodwill Foundation is the beneficiary of the Festival of Trees. For more information on the Goodwill Industries of SWFL, visit [www.goodwilltrees.com/](http://www.goodwilltrees.com/).

The Sidney & Berne Davis Art Center is located at 2301 First St. in the historic downtown Fort Myers River District. For more information, visit [www.sbdac.com](http://www.sbdac.com).\*



**Decorated trees**

photo provided

## Beach Restoration At Crescent Beach

On Monday, November 27, a Lee County Natural Resources contractor will begin to restore sand to about 320 feet of beach at Crescent Beach Family Park to repair damage from Hurricane Irma.

Portions of the park will be closed for safety reasons during the project, which could take up to 30 days depending on the weather. Workers with flags will be posted near the park on Estero Boulevard to minimize traffic disruptions.

Funding for the project will come from money set aside for beach renourishment from Lee County's Tourist Development Tax on lodgings. The project cost is estimated at \$105,300.

Lee County Parks & Recreation's Crescent Beach Family Park comprises 2.25 acres at the foot of the Matanzas Bridge along a 400-foot stretch of the Gulf. Amenities include restrooms, handicap parking spaces, a landscaped picnic area, two sand volleyball courts and plenty of open beach space. Availability of amenities may shift as the project progresses.

Crescent Beach Family Park is located at 1100 Estero Boulevard. For more information, visit [www.leeparks.org](http://www.leeparks.org).\*

## New Webpage For Lee Parks

Lee County Parks & Recreation has launched a new webpage to allow users to search for accessible (ADA) amenities at Parks and Rec sites. The new landing page is [www.leegov.com/adaparksearch](http://www.leegov.com/adaparksearch).

The new search page will: Be compatible with accessibility technology devices; provide greater accessibility for patrons with visual and hearing impairments; be easily accessible on both desktop and mobile devices; simplify website searching for accessible options through intuitive, icon-based

navigation; and deliver search results specific to accessible features across the county or by park.

Lee County Parks and Recreation strives to make facilities, programs and services inclusive and accessible for all patrons. Improvements in the past five years include opening a state-of-the-art accessible recreation center in North Fort Myers, widening numerous pathways, adding dog-friendly accessible trail areas throughout the county and improving playground equipment for accessibility at many parks.

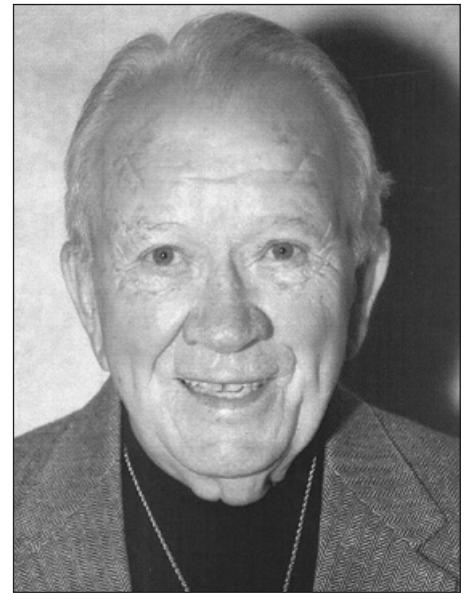
For more information about Lee County Parks and Recreation locations, amenities and special events, visit [www.leeparks.org](http://www.leeparks.org), call 533-7275 or email [leeparks@leegov.com](mailto:leeparks@leegov.com).\*

## Famed Coach To Be Honored December 1

For 26 years, the name Hugh Thimlar was synonymous with Buccaneers basketball in Fort Myers. To honor his years as head coach of the team, Florida SouthWestern State College will host a reception to recognize all he has done for the college. The reception will be held prior to the FSW men's basketball game against Santa Fe State College at the Suncoast Credit Union Arena on Friday, December 1 from 1 to 5 p.m.

"People need to remember that, back in those days, there were no other sporting events for residents to attend, so basketball at our institution was a big deal," said Joe Turner, director of institutional promotions and development. "Coach is a legend in this area, and we are gathering many of his former players together for this special reception to honor him."

Coach Thimlar was the first basketball coach at the school when it was then known as Edison Junior College and served the institution from 1966 to 1992. In that time, he amassed a record of 413 wins against 338 losses. His teams included five All-Americans, 21 players in the Florida Community College All-Star Game, and 90 percent of his college players continued education after attending



The late Hugh Thimlar photo courtesy [www.hoopshall.com](http://www.hoopshall.com)

Edison. In 2008, his native Indiana named him to the Indiana High School Basketball Coaches Hall of Fame and, in 1991, he was selected for the Florida Community College Basketball Hall of Fame.

During the reception, the Coach Hugh Thimlar Scholarship will be launched to help future generations of Buccaneers achieve their academic goals. For more information, call 489-9432. For ticket information for FSW athletics, go to [www.fswbucs.com](http://www.fswbucs.com).\*

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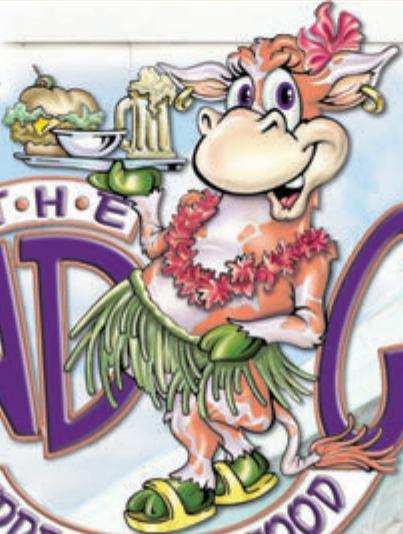
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## Chrismons Point To Jesus Concert

Come and be blessed by the Peace Lutheran Church Festival Choir, Pastor Walter Still and Ric Jaeggi during a musical concert telling the story of the Chrismons on Sunday, December 3 at 3 p.m.

Chrismons are a type of Christmas Tree decoration used in many churches and homes of Christians. The symbols represent a variety of biblical and theological concepts that are well known among most believers. Come and learn of their meaning and sing and hear music celebrating each Chrismon.

The public is welcome. A free will offering will be taken, and a Christmas cookie reception will immediately follow the concert.

Peace Lutheran Church is located at 15840 McGregor Boulevard in Fort Myers. For more information, call 437-2599 or visit [www.peaceftmyers.com](http://www.peaceftmyers.com).

## World AIDS Day

On December 1, the Florida Department of Health in Lee County, in partnership with AIDS Healthcare Foundation, McGregor Clinic, Lee County Department of Human and Veteran Services, and Walgreens, will be hosting a Candlelight Vigil and Commemoration in observance of World AIDS Day 2017 at Patio De Leon Downtown Fort Myers on Friday, December 1 from 2 to 6 p.m.

With a local local theme Re-Think HIV, Play Your Part, Take A Stand, the event will offer free HIV testing and other health screenings as well as educational materials and various community health resources. Family entertainment and refreshments will be provided.

World AIDS Day is celebrated on December 1 each year around the world. It provides an opportunity for people worldwide to unite in the fight against HIV and to address HIV/AIDS disparities, HIV related stigmas and blame, while sparking dialogue towards stopping the spread of HIV/AIDS among all populations. Started in 1988, World AIDS Day was the first ever global health day.

## Fundraiser Run For Child Center

KDash After Dark, a unique 5K fun run that takes place under the dark of night, will take place at Six Bends Harley-Davidson on Saturday, December 2 from 6 to 9 p.m. Event check-in will be held from 6 to 6:45 p.m., while the race begins at 7 p.m.

Cost is \$30 per runner or \$125 per team of five. Registration includes a T-shirt, water, snacks and five raffle prize entries. Neon glow powder will be tossed throughout race so that all participants will be glowing.

Not interested in running? Come out to support a great cause while enjoying a variety of food truck options, face painting, raffle prizes, fun games, a DJ and more.

Six Bends Harley-Davidson is located at 9510 Thunder Road in Fort Myers. Register online via [eventbrite.com](http://eventbrite.com). Search for KDASH After Dark 5K.

## Shell Point App Seminar

Shell Point Retirement Community will host Living to 100: Is There an App for That? at The Village Church Auditorium on Monday, December 4 from 2:15 to 3:30 p.m. The educational seminar is free and open to the public.

During the seminar, guests will discover how to live life to the fullest with a meaningful, financially rewarding, healthy and secure future. Shell Point will welcome leaders and motivators in the health and wellness, financial and estate planning, and senior living industries as they prepare attendees for living the most rewarding life to the ripe age of 100.

Presenters include Dr. Sal Lacagnina, vice president of health and wellness for Lee Health; Paul Weinstein, CFP and Nadine Wilkes, CFP, of Weinstein Wilkes Financial Group, an independent firm of Raymond James Financial Services, Inc.; Craig Hersch, estate planning attorney with Sheppard, Brett, Stewart, Hersch, Kinsey & Hill PA; and Ronette Ico, vice president of sales and marketing for Shell Point Retirement Community.

To learn more or to register, contact The Legacy Foundation at Shell Point by calling 466-8484 or visiting [www.shell-point.org](http://www.shell-point.org).

## Fundraiser For Heat Stroke Victim

There will be a fundraising event on Sunday, December 3 in honor of Zach Polsenberg who was a football player for Riverdale High School and died from heat stroke on July 10, 2017. The event is being held from noon to 8 p.m. at Caloosahatchee Jacks located at 11491 S. Cleveland Ave in Fort Myers.

This fundraiser provides the opportunity to make people aware of heat illnesses, how to prevent them and ultimately obtain donations so that we can provide the athletic communities the supplies they need to prevent deaths from occurring.

James Polsenberg, father to Zach, stated, "We are excited for our inaugural fundraiser in honor of Zach. Our goal is grow the awareness of not only our charity, but about heat stroke and other heat illnesses which are 100 percent preventable. With just a few dollars we will be able to provide athletic organizations with tools for cooling."

The fundraiser will have several bands playing throughout the day, including Tourniquet (an Evanescence tribute band); Myth, Mark & Angela Chang; Strange Arrangement; Cycle Jones; and George Lewis. There will be raffles, silent auctions and food and drink specials from Caloosahatchee. Donations have already been received from local businesses, and more donations are being sought. The benefit is expected to be big and successful in honor of Zach.

## Churches/Temples

### ALL FAITHS UNITARIAN CONGREGATION

Sunday 10:30 a.m., 2756 McGregor Boulevard, [allfaiths-uc.org](http://allfaiths-uc.org), 226-0900.

### ALL SAINTS BYZANTINE RITE CATHOLIC

Sunday 10:30 a.m. 10291 Bayshore Road, 305-651-0991.

### ANNUNCIATION GREEK ORTHODOX

Sunday 9 and 10 a.m. 8210 Cypress Lake Drive, [annunciation.fl.goarch.org](http://annunciation.fl.goarch.org), 481-2099.

### BETH SHILOH MESSIANIC SYNAGOGUE

Friday 8 p.m., Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

### BIBLESHARE

10 a.m. Sunday and 7 p.m. Tuesday, 7050 Winkler Rd, Suite 121, [www.simplysimpleworship.com](http://www.simplysimpleworship.com), 437-8835.

### BREAD OF LIFE MINISTRIES

Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

### CHABAD LUBAVITZ ORTHODOX

Friday 6:30 p.m. 5620 Winkler Road, [chabadswf.org](http://chabadswf.org), 433-7708.

### CHAPEL OF CYPRESS COVE

Sunday 10 a.m. 10200 Cypress Cove Circle, [revtedalthouse@aol.com](mailto:revtedalthouse@aol.com), 850-3943.

### CHURCH OF THE CROSS

Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

### CONGREGATIONAL

Sunday 10:30 a.m. 1619 Llewellyn Drive, [taecc.com](http://taecc.com), 334-4978.

### COVENANT PRESBYTERIAN

Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

### CYPRESS LAKE BAPTIST

Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

### CYPRESS LAKE PRESBYTERIAN

Sunday 8, 9, 10 and 11 a.m. 8260 Cypress Lake Drive, [www.clpc.us](http://www.clpc.us), 481-3233.

### CYPRESS LAKE UNITED METHODIST

Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

### FAITH FELLOWSHIP WORLD OUTREACH

Sunday 10:30 a.m., Thursday 7:30 p.m., Friday 7:30 p.m. 6111 South Pointe Boulevard, 278-3638.

### FAITH UNITED METHODIST

Sunday 8:45 and 10:30 a.m. 15690 McGregor Boulevard, 482-2030.

### FIRST CHURCH OF CHRIST, SCIENTIST

Wednesday 12 noon Testimony Service, Sunday 10:30 a.m. 2390 West First Street, [christiansciencefortmyers.net](http://christiansciencefortmyers.net), [christianscience.com](http://christianscience.com).

### FIRST CHURCH OF THE NAZARENE

Sunday 10:30 a.m. and 6 p.m. 13545 American Colony Boulevard, 936-2511.

### FIRST UNITED METHODIST CHURCH

Sunday 9:30 a.m. and 5:30 p.m. 2466 First Street, [www.fumcftmyers.org](http://www.fumcftmyers.org), 332-1152.

### FORT MYERS CHRISTIAN

Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

### FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;

Sunday 10 a.m., 8210 College Parkway, 482-3133.

### IONA-HOPE EPISCOPAL CONGREGATION

Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m. 9650 Gladiolus Drive, 454-4778.

### JESUS THE WORKER CATHOLIC

Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m. 881 Nuna Avenue, 481-1143.

### KINGDOM LIFE

Sunday 10:30 a.m. 2154 McGregor Boulevard, 218-8343.

### LAMB OF GOD

Sunday 7:45 and 10 a.m. 19691 Cypress

View Drive, [lambogodchurch.net](http://lambogodchurch.net), 267-3525.

### NEW BEGINNINGS CENTER

Friday 6:30 and 7 p.m. 8505 Jenny Cae Lane, [nbcministry@embarqmail.com](mailto:nbcministry@embarqmail.com), [facebook.com/nbcministry](http://facebook.com/nbcministry), 656-0416.

### NEW COVENANT EYES

Monthly 9 a.m. 1900 Park Meadows Drive, [newcovenanteyes.com](http://newcovenanteyes.com), 220-8519.

### NEW HOPE BAPTIST

Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.

### NEW HOPE PRESBYTERIAN

Sunday 8, 9:30 and 11 a.m. 10051 Plantation Road, [www.newhopefortmyers.org](http://www.newhopefortmyers.org), 274-1230.

### PEACE COMMUNITY

Sunday 10:30 a.m. [www.17671PineRidgeRoad.com](http://www.17671PineRidgeRoad.com), [peacecommunitychurch.com](http://peacecommunitychurch.com), 267-7400.

### PEACE LUTHERAN

Sunday 9:30 a.m. 15840 McGregor Boulevard, [www.peaceftmyers.com](http://www.peaceftmyers.com), [peace@peaceftmyers.com](mailto:peace@peaceftmyers.com), 437-2599.

### REDEEMER LUTHERAN

Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

### RIVER OF LIFE ASSEMBLY OF GOD

8, 9:45 and 11:30 a.m. 21580 River Ranch Road, 495-0400.

### SAMUDRABADRA BUDDHIST CENTER

Meditation classes. [MeditationInFortMyers.org](http://MeditationInFortMyers.org), 567-9739.

### SAINT COLUMBKILLE CATHOLIC

Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m. 12171 Iona Road, 489-3973.

### ST. FRANCIS XAVIER CATHOLIC

Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m. 2157 Cleveland Avenue, 334-2161.

### SAINT JOHN THE APOSTLE METROPOLITAN

Sunday 10 a.m. 3049 McGregor Boulevard, 344-0012.

### SAINT MICHAEL LUTHERAN

Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m. 3595 Broadway, 939-1218.

### SAINT NICHOLAS MONASTERY

Sunday 9:30 a.m. 111 Evergreen Road, [saintnicholasmonastery.org](http://saintnicholasmonastery.org), 997-2847.

### ST. VINCENT DE PAUL CATHOLIC

Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m. 13031 Palm Beach Boulevard, 693-0818.

### SOUTHWEST BAPTIST

Sunday 11 a.m.; Wednesday 6 p.m. 16940 McGregor Boulevard, 454-3336.

### TEMPLE BETHEL SYNAGOGUE

Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. 16225 Winkler Road, [templebethel.com](http://templebethel.com), 433-0018.

### TEMPLE JUDEA (CONSERVATIVE)

Friday 6:30 p.m. and Saturday 9 a.m. [tjswfl.org](http://tjswfl.org), 14486 A&W Bulb Road, 433-0201.

### THE NEW CHURCH

Sunday 11 a.m. 10811 Sunset Plaza Circle #401, [newchurchflorida.com](http://newchurchflorida.com), 481-5535.

### UNITARIAN UNIVERSALIST

Sunday 10:30 a.m. 13411 Shire Lane, [uucfm.org](http://uucfm.org), 561-2700.

### UNITY OF FORT MYERS

Sunday 10 a.m. 11120 Ranchette Road, [unityoffortmyers.org](http://unityoffortmyers.org), 278-1511.

### WESTMINSTER PRESBYTERIAN CHURCH

Sunday 9:30 and 10:45 a.m. 9065 Ligon Court, 481-2125.

### WORD OF LIFE

Sunday 10 a.m., Wednesday 7 p.m. 2120 Collier Avenue, 274-8881.

### ZION LUTHERAN

Sunday 8, 9:30 and 10:45 a.m. 7401 Winkler Road, [zionfm.org](http://zionfm.org), 481-4040.

**CROW Case Of The Week:**

**Royal Tern**

by Bob Petcher



The royal tern (*Thalasseus maximus*) is one of the larger members of the tern family. It has a distinctive pointed orange bill to go with its short forked tail, white body and dark wingtips and

head band.

The coastal bird likes warmer weather and plunging into water to catch fish. Like “snowbird” tourists, this seabird flies south for the winter. Other than North America, the royal tern can be found in South America, Africa, Europe and the Caribbean islands.

This seabird’s body frame is nearly one-third the size of its wingspan, which averages 51 inches in length. When they reach adulthood, these terns have few predators.

At CROW, a royal tern was received from Fort Myers Beach after it suffered a compound fracture in its left humerus. Reports say a person witnessed the tern dive into the water and surface with an apparent injury. The bird was rescued from the water and immediately brought into the clinic. A large area of the patient’s wing bone was protruding through the skin, and the wing was twisted nearly 180 degrees from its

normal position.

Due to the fresh injury and quick rescue, CROW medical staff members were able to gently untwist the wing to its original position.

“When a wing twists like this case, time is critical,” said Dr. Julia Hill, CROW veterinary intern. “The twist cuts off blood supply and stretches and damages nerves, muscles and tendons. The damage can become permanent very quickly, within hours, and result in a non-releasable bird. Luckily, this patient was brought in immediately after the trauma occurred.”

The tern’s injured area was flushed with sterile saline to remove sand and debris. The bone was replaced under the skin, and the wound was sutured closed. The wing was placed in a body wrap to help stabilize the fracture and the bird was provided with pain medications. The following day, surgery was successfully performed to place pins in the broken wing.

“The surgery to place the pin in the humerus went very smoothly and the patient recovered well,” said Dr. Hill, who explained the degree of difficulty during a procedure performed on a small bird. “The surrounding tissues are delicate. It is easy to accidentally damage tissue, vessels or nerves, so great care must be taken. Despite the difficulty, we often pin fractured wings in birds because it provides the best stabilization and alignment to promote optimal healing.”

After a few days, the body wrap is reportedly removed to allow the patient to stretch its wing. Dr. Hill said the pins



**Patient #17-3823, pictured with is wing wrapped, is expected to make a full recovery after suffering a compound fracture**

photo by Brian Bohman

will need to stay in for at least three weeks.

Even after such a striking injury, the royal tern is expected to make a full recovery. The patient is undergoing physical therapy and, with two weeks spent at the clinic, is progressing towards flight training prior to being released.

“The patient is doing well with every other day of physical therapy. The pins in the wing are stable and the fracture is beginning to heal, so this tern will be able

to go outside very soon,” said Dr. Hill. “We’ll be looking at release in three to four more weeks.”

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).\*

**Black Friday Lunch Specials**

Noon-5pm

\$1 Shock Top

\$3 gl. House Wine

\$2 Slice Cheese Pizza

\$6 Meatball or Eggplant Paresan Sandwich

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**Black Friday Dinner Specials**

5pm - Close

2-for-1 Draft Beer

\$5 gl. House Wine

\$10 Stromboli or Calzone

\$10 Meatball Lollypop App.

\$10 Antipasta Salad App.

*Happy Thanksgiving*

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# Hiding From The Wind



by Capt. Matt Mitchell

**E**ast North East winds 15 to 20 has sounded and felt like a broken record for what seems like weeks now. Even during these blustery conditions, there are plenty of places to get out of the wind and still enjoy a great day of fishing. Snook fishing this week was outstanding with nonstop action found in many of

the protected mangrove creek systems throughout the sound. Anglers also caught a variety of species including over slot-sized trout, mangrove snapper, grouper, jacks and a few redfish.

With another week of windy conditions in the forecast, it's just not looking like we will see much, if any, break in the wind short-term. Making the best of these windy days is all you can do and, unlike the offshore guys, at least us back bay fisherman can still get out and catch fish. Northeast wind is our prevailing wind direction all winter long and learning to keep everyone comfortable while catching fish during this pattern is nothing new.

Exploring the many mangrove creek systems in Pine Island Sound during these windy days and learning the places the fish stage is the key to consistently catching fish all winter long. Most of our mangrove estuaries consist of shallow bays that are connected with narrow creeks. These narrow deeper creeks increase the tide flow and are most likely where the majority of the fish are during the lower water conditions.

Target the deeper, faster, moving water sections of these mangrove creeks. These can often be near or on a sharp bend or turn. Look for that shoreline where the tide is driving the current hard against an undercut shoreline, creating a deep open spot up against the mangrove roots. These places are often feeding stations



Big shallow water sea trout caught by Mary, Nigel and Gary this week while fishing with Capt. Matt Mitchell photo provided

and, once located, can be productive time and time again. Only time spent on the water allows you to slowly work out these patterns. As the puzzle comes together, you learn what works in one creek system often works in another. Different tide directions and stages of the tide can be better in one creek than another.

Many of these creek systems have not changed much in the 30 plus years. I have been lucky enough to get to enjoy them. Although one certain creek maybe better

than another from year to year, there are lots of bends, turns and little creek mouths that just produce fish over and over again. Learning that few square mile estuary area close to home like the back of your hand will never pay off more than when it's windy.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com). ✨

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**Blue flag iris is perfect for a damp area, bog garden, or pond** photos by Gerri Reaves

**Endangered blue jacquemontia works as a fence or trellis cover or as a groundcover**

**Blue porterweed's spikes of tiny flowers attract many species of butterflies**

## Plant Smart Purple-Blue Passion

by Gerri Reaves

If you have a yen for adding purple, blue, or lavender to your landscape, you can't go wrong with the three flowers pictured above. All are native, wildlife friendly and low maintenance.

Water-loving blue flag iris' (*Iris hexagona*) natural habitat is swamps, marshes, ponds and other freshwater areas, so it's a good choice for a bog garden, pond edge, or an especially wet

part of the lawn. As its botanical name implies, it is six-parted. Three downward arching petals and three spatulate sepals form a swirl of purple, blue and yellow. Long strap-like leaves clasp the stalks, which can grow several feet high. It prefers full sun. Propagate it with seeds or by clump division – or let it reseed or spread via rhizomes.

Irrepressible blue porterweed's (*Stachytarpheta jamaicensis*) diminutive deep purple-blue flowers bloom throughout the year, attracting hummingbirds and numerous butterflies, including tropical buckeyes, for which it is the larval host, skippers, large orange Sulphur, zebra

longwings, gulf fritillaries, Julias and monarchs.

This fast-growing member of the verbena family grows three or four feet high. It reseeds and spreads outward, so it's also useful as a groundcover.

The tiny five-lobed flowers last only a day, blooming from the base of a quill-like spike and progressing upward.

Drought and salt tolerance makes it adaptable, but it does prefer full sun and well-drained soil.

If you're looking for a vine to cover a fence or trellis or for a pretty sprawling groundcover, check out blue jacquemontia (*Jacquemontia pentanthos*).

This fast-grower blooms throughout the year, producing funnel-shaped flowers that are a nectar source for butterflies.

The white-throated flowers range from blue to lavender to white and last only a

day. The term pentanthos refers to the flower's five fused petals.

It is very salt tolerant, has low moisture requirements, and will grow in full sun or partial shade.

This beautiful vine is listed as an endangered species in Florida.

Sources: *Everglades Wildflowers* by Roger L. Hammer, *Florida Wildflowers and Roadside Plants* by C. Ritchie Bell and Bryan J. Taylor, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *The Shrubs and Woody Vines of Florida* by Gil Nelson, *Wildflowers of Florida* by Jaret C. Daniels and Stan Tekiela, [www.edis.ifas.ufl.edu](http://www.edis.ifas.ufl.edu), and [www.regionalconservation.org](http://www.regionalconservation.org).

*Plant Smart explores the diverse flora of South Florida.\**

## Morning Meanders With Bird Patrol Guides

Lakes Regional Park will be the site of a nature walk with a Lee County Bird Patrol Guide on Saturday, December 2 at 8 a.m.

On Saturday, December 9, experience the beautiful birds of Bunche Beach with a bird patrol guide at 7:30 a.m.

The Lakes Park walk is along clear paths that offer an opportunity to see birds in native vegetation with

experienced guides pointing out the many species in the park, a Lee County birding hot spot and crucial nesting area for many birds.

Those interested are asked to wear comfortable shoes and dress to be outside. Bring water, sunscreen and binoculars.

For more information, call 533-7580 or 533-7576 or visit [www.birdpatrol.org](http://www.birdpatrol.org). Lakes Regional Park is located at 7330 Gladiolus Drive in Fort Myers. Meet at Shelter A7. Enter Lakes Park gate from Gladiolus Drive. Turn right. Drive to end of road, continue through the parking lot. Shelter A7 is located near the train station.

The Bunche Beach walk is along the

beachfront. Participants meet on the beach located in South Fort Myers, off Summerlin Road. Drive south of John Morris Road until it dead ends.

Bunche Beach is excellent for both migrant and resident waders and shorebirds working the mudflats at low tide due to the diversity of micro-invertebrates. Participants may also see waterfowl, raptors and warblers.

Bring binoculars, sun protection, shoes that can get wet, a bottle of drinking water, your curiosity and love of nature.

Both walks are provided in cooperation with Lee County Parks and Recreation. They are free with paid parking. For more information, call 707-3015 or visit [www.birdpatrol.org](http://www.birdpatrol.org).\*



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Barbara Banke

photo provided

## Signature Vintner Named For Wine And Food Fest

SWFL Children's Charities, Inc. has named Barbara Banke, chairman and proprietor of Jackson Family Wines, as the Honored Signature Vintner of its annual signature fundraising event, the 2018 Southwest Florida Wine & Food Fest. Representing Jackson Family Wines at this year's Signature Vintner Dinner on Tuesday, November 28 is Erik Ackerman, vice president of The Spire Collection, which is comprised

of the most esteemed wineries from the Jackson Family portfolio. Barbara Banke will attend the Southwest Florida Wine & Food Fest in March as the event celebrates its 10th year.

"The Jackson family is well-known for their passion for philanthropy and education, and has been a longtime supporter of SWFL Children's Charities, Inc. and champion for pediatric health care through their involvement in the Southwest Florida Wine & Food Fest," said Bill Toler, trustee and vintner committee co-chair for SWFL Children's Charities, Inc. "We are honored to have Barbara Banke join this year's event as Honored Signature Vintner, and

look forward to celebrating this special vintner's unique offerings as we sip, savor and cheers to 10 years of the Southwest Florida Wine & Food Fest."

Jackson Family Wines was founded in 1982 by wine pioneer Jess Jackson. The Santa Rosa, California-based company is now led by Banke, Jess' wife and one of the wine industry's top executives and innovators. Jackson Family Wines features more than 30 renowned vineyards and wineries in prestigious wine growing regions in California, Oregon, France, Italy,

Australia, South Africa and Chile.

The two-day 2018 Southwest Florida Wine & Food Fest includes Chef Vintner Dinners at private homes on Friday, March 2, followed by The Grand Tasting and Live Auction on Saturday, March 3 at Quail West Golf and Country Club in Naples.

For more information on this year's Honored Signature Vintner, visit [www.jacksonfamilywines.com](http://www.jacksonfamilywines.com). To learn more about the 2018 Southwest Florida Wine & Food Fest, visit [www.swflwinefest.org](http://www.swflwinefest.org).✪

## FMPD Opens Third Sub-Station



Chief Diggs speaks at the ribbon cutting of the new substation

photo provided

Representatives from the City of Fort Myers, Next Level Church and the Fort Myers Police Department (FMPD) held a ribbon-cutting ceremony recently to officially open the third FMPD sub-station located in the Dream Center at 3637 Dr. Martin Luther King Jr Boulevard. The first two sub-stations were opened at Southward Village on Dora Street and at the Renaissance Preserve apartment complex on Romeo Lane. The stations will provide a convenient and secure space for

community input, advice and consultation. They are open to the public, and the FMPD invites residents to stop by to ask questions, make requests, report issues or share concerns.

Speakers at the grand opening included Mayor Randy Henderson, Next Level Church Pastor Kyle Jackson, City Councilwomen Terolyn Watson and Teresa Watkins Brown, City Manager Saeed Kazemi and Chief Derrick Diggs.✪



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## Police Board Names President

Keith Healy has been named president of the Fort Myers Police Foundation Board of Directors.

Healy moved to Fort Myers three years ago from New York. He, and his brother John, own and operate Cypress Provisions LLC, an authorized distributor of Boar's Head Brand products.

Healy graduated from the University of Maryland and has a background in finance.

The Fort Myers Police Foundation is a 501(c)(3) nonprofit organization whose goal is to help build a stronger bond between the community and its local police department.

For more information, visit [www.fortmyerspolicefoundation.org](http://www.fortmyerspolicefoundation.org).✪



Keith Healy

photo provided



Back row from left, Bill Grant, Todd Adams, Barbara Hartman, Liz Ross and Kim Berghs. Front row from left, Lindsey Lenhart, Ada Trapanese, Harris Segel and Rachel Toomey.

photo provided

## Metro-McGregor Kiwanis Elect New Officers

The Metro-McGregor Kiwanis Club held their installation banquet for the club's 2017-18 officers at the United Way in Fort Myers. Awards were also given to club members for their support in service to the community.

The individuals that took office include Liz Ross as club president, Rachel Toomey as president-elect, Kim Berghs as secretary and Todd Adams as treasurer. Harris Segel will now serve as immediate-past president of the club. The 2017-18 Metro-McGregor Kiwanis Club Board of Directors are Steve Hess, Barbara Hartman, Bill Grant, Lindsey Lenhart, Cathy Smith and Ada Trapanese.

Metro-McGregor Kiwanis Club recognized members with top club honors. Rachel Toomey was awarded

Volunteer of the Year, and Harris Segel was awarded Kiwanian of the Year. Bill Grant, Barbara Hartman, Ed Ludden, Ada Trapanese and Giovanni Trapanese received the Walter Zeller Fellowship award. A donation was made in the honor of these individuals to help eliminate maternal neonatal tetanus through Kiwanis International's partnership with UNICEF. The Fort Myers Metro-McGregor Kiwanis club has donated \$26,250 to this partnership through The Eliminate Project saving 14,580 women and children from MNT.

The Metro-McGregor Kiwanis Club is looking for more service-minded individuals and business professionals who would like to make a direct impact on the community through volunteering. For details on joining, call membership chair Stewart Ross at 507-304-1624. Interested individuals or businesses can also email [stewart.ross@mnsu.edu](mailto:stewart.ross@mnsu.edu) or visit [www.metro-mcgregor.com](http://www.metro-mcgregor.com) for more information.\*

## Habitat Celebrates 1,500th Home

Habitat for Humanity of Lee and Hendry Counties achieved a major milestone, building and dedicating their 1,500th home. A special dedication ceremony was recently held to commemorate the event and celebrate with the Habitat homebuyer, home sponsor Chico's FAS, Inc., Habitat board members, donors and volunteers. During the ceremony, the house keys were handed over to the Habitat homebuyer, Yacnima, officially achieving her own milestone by providing a home for her and her two boys, ages 10 and 14. Yacnima earned and purchased her Habitat home. She completed 300 hours of sweat equity, attended financial literacy and home maintenance classes, paid \$1,700 in closing cost, signed her mortgage and will pay an affordable, monthly mortgage payment.

Habitat's 1,500th home is significant

as it symbolizes that 1,500 families have partnered with Habitat to earn and purchase a safe and decent place to call home. Over 3,500 people now have stable housing, improved health, and the opportunity to budget and save for other needs.

Since 2001, Chico's FAS has partnered with Habitat and worked alongside families to build strength and stability through shelter. The 1,500th Habitat home is also a major milestone for Chico's FAS as it is the 41st home they have sponsored.

"We are very proud to dedicate our 41st Chico's FAS home in Southwest Florida. This year alone, our associates spent more than 400 hours volunteering to build and renovate Habitat homes for women and their families so they can have safe and affordable housing. Chico's FAS is committed to giving back, and it's exciting to be part of something so impactful in our community," said Shelley Broader, president and chief executive officer for Chico's FAS, Inc.

Offering a hand up, Habitat and Chico's FAS are making the dream of homeownership a reality for families in Lee and Hendry Counties.\*\*

## Luminary Holiday Stroll 2017

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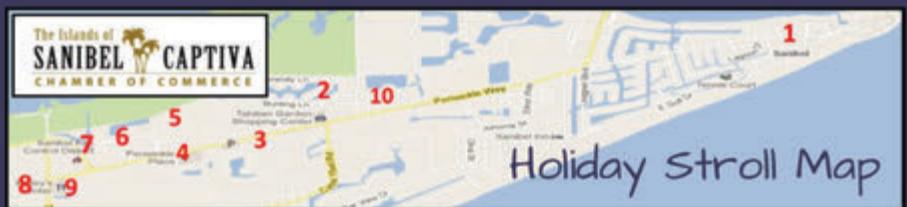
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## Concert Group Underwriters And Board Member



Alexandra Bremner

photo provided

Alexandra Bremner and her mother Eunice Bremner have agreed to be the underwriters of the entire 2018 concert season for the Fort Myers Community Concert Association. Alexandra and Eunice are the niece and sister of the late Berne Davis, who was the series underwriter for many years prior to her death earlier this year.

"Berne was a program sponsor every year for 18 years and a member of the Community Concert Association for 68 years," said Community Concert Association President Mary Lee Mann. "This gracious gesture by her sister and niece ensure that Berne's memory will live on and make possible the continuation of the association for many years to come, and we are eternally grateful to them."

Program sponsors include Rob and Ruth Diefenbach of Fort Myers, Sanibel-Captiva Community Bank, Madeleine Taeni of Cape Coral and Friends of the late Barbara B. Mann.

Alyce Bochette of Bochette Dance

Studio was elected as the newest member of the board of directors.

The announcements were made at the fall meeting of the Community Concert Association on November 5 at FineMark National Bank & Trust Company.

Officers were also confirmed for 2018. They are Mary Lee Mann, president (Alva) – community leader and long-time officer of the Community Concert Association; Ian Mann, vice president (Fort Myers) – attorney; Kay Higgins, secretary (Fort Myers) – community volunteer; and David Hall, treasurer (East Fort Myers) – Sanibel-Captiva Community Bank. Other board members are Alexandra Bremner (Fort Myers) – retired educator; Frank Mann, Sr. (Alva) – Lee County Commissioner; Ian Mann (Fort Myers) – attorney; Wiley Parker (Fort Myers) – architect with Parker/Mudgett/Smith Architects; Barbara Shafer (Fort Myers) whose late husband, Judge Robert Shafer, was a long-time board member; and Bobbi Stage (Fort Myers) – administrative staff of Paul Laurence Dunbar Middle School.

Mary Lee Mann reported to the board that few series tickets remain for this year's 70th concert series that begins in January with five concerts:

Piano Battle – January 30, 2018. Internationally accomplished pianists Andreas Kern and Paul Cibis go head-to-head in a piano duel featuring a variety of classical and contemporary music. The audience will decide the winner in this unique concert experience. The pianists also will perform a concert at the Paul Laurence Dunbar Middle School as part of the Community Concert Association's student outreach program.

Teatro Lirico D'Europa performing Puccini's Madama Butterfly – February 8, 2018. Madama Butterfly is one of the world's most famous love stories, inspired by the sights and culture of Japan. Teatro Lirico D'Europa is the most successful opera touring company in Europe and the U.S. and travels with a full orchestra of 47 to 50 members and a chorus of 40 singers.

Lezginka State Dance Company – February 20, 2018. The Lezginka State Dance Company will perform a festival of fiery dances showcasing the folklore, national culture and traditions from their home, the Russian Republic of Dagestan.

Itzhak Perlman – February 27, 2018 – Perlman is the reigning virtuoso of the violin and is returning to the community concert series for a second time. He was born in Israel and gave his first recital at age 10 before moving to the United States to study at the Juilliard School. He has been honored with more than 20 Grammy Awards (including one for Lifetime Achievement in 2008), four Emmy Awards and the Presidential Medal of Freedom in 2015.

National Symphony Orchestra of Cuba – March 25, 2018. Since its inception in 1960, The National Symphony Orchestra of Cuba has been instrumental in developing and introducing Cuban and Latin American music to the international classical music

community, in addition to covering a vast symphonic and chamber repertoire ranging from baroque to contemporary music.

All performances will be at the Barbara B. Mann Hall on the Florida SouthWestern College campus in Fort Myers. All five concerts begin at 7:30 p.m. and are included in one ticket price, which ranges from \$155 for orchestra seats, \$85 for lower balcony seating and just \$65 for upper balcony. Mezzanine seating already is sold out, Mann said.

For tickets, call the Barbara B. Mann Hall box office at 489-4171. For Community Concert Association membership information, visit [www.fortmyerscommunityconcerts.org](http://www.fortmyerscommunityconcerts.org).✪

### Financial Focus

## Take Action On Giving Tuesday And Beyond



by Jennifer Basey

**Y**ou probably already know about the two big shopping days – Black Friday and Cyber Monday – that follow Thanksgiving. But did you know that Giving Tuesday is observed on

November 28? By showing your generosity on this day and throughout the holiday season, you can benefit charitable organizations and your loved ones – and your gifts can even provide you with some potential financial advantages.

So, what sort of gifts should you consider? Here are a couple of suggestions for the charitable organizations you support:

Give cash. Any charitable group will welcome cash contributions. And if the charity has 501(c)(3) status (named after the section of the Internal Revenue Code that governs such groups), your gift can offer you a tax deduction. So, for example, if you are in the 25 percent tax bracket and you give \$1,000 to a qualified charity, you will be able to deduct \$250 from your taxes. (You will need to itemize deductions to gain this tax benefit.) Generally speaking, your maximum deduction is limited to 50 percent of your adjusted gross income.

You might be able to expand the reach of your cash gifts through your workplace. Some companies will match some of your contributions to charitable organizations. Also, your employer may allow you to apply for larger grants to support nonprofit groups, especially those in which many employees are actively involved.

Donate appreciated stocks. If you have stocks that have grown significantly in value, you may want to donate them to a charitable group. You

will be allowed a charitable deduction for the full fair market value of the gift on the date of the transfer, even if your original cost was only a fraction of today's value. Furthermore, you will avoid the capital gains taxes you'd have to pay if you sold the stock, provided you've held the stock for at least a year.

You don't have to restrict your giving to charitable groups. If you have children or grandchildren, you might want to provide them with the gift of higher education by contributing to a 529 college savings plan.

A 529 plan offers several benefits. Contribution limits vary from state to state, but are generally quite high – you can accumulate more than \$200,000 per beneficiary in many state plans, although special gifting provisions may apply. And you can typically invest in the 529 plan offered by any state, even if you don't live there, although you might not receive the tax benefits – such as deductions or tax credits – you'd get if you invested in your own state's plan.

Also, all withdrawals from 529 plans are free from federal income taxes, and possibly from state income taxes, as long as the money is used for a qualified college or graduate expense of the beneficiary you've named – typically, your child or grandchild. (Withdrawals for expenses other than qualified education expenditures may be subject to federal, state and penalty taxes.) Be aware, though, that 529 plans may affect financial aid, particularly if you've set up a plan for your grandchild, so you might want to consult with a college's financial aid office before the child heads off to school.

Through your gifts to charitable groups and your family members, you can take the spirit of Giving Day and extend it throughout the holiday season – and even beyond.

This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at [jennifer.basey@edwardjones.com](mailto:jennifer.basey@edwardjones.com).✪

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## Superior Interiors

## Are You Tired Of Your Living Room?



by Barb Cacchione

Maybe it's time to redecorate. Sprucing up a "tired" living room will definitely give your spirit a lift. But, where do you start?

Well, as the song says, "Let's start at the very beginning." And the beginning for any new decorating project is the creation of a master plan – one that will help guide you through all the decorating decisions you'll be making over the coming months.

First of all, determine how much you are interested in investing in your project. This figure will be a great help to you as it will guide all your decisions. Should you buy new furniture, flooring, draperies, lamps, accessories? Or can you keep some pieces, buy a few new, and spruce up what you're keeping.

Once you've established a figure you're comfortable with, then it's time to take an inventory of your room – an inventory with a critical eye. This is where the help of a professional decorator is so very important.

Take a look at your room. What is it used for? How much traffic does it get? It is a sanctuary or a room that

will welcome many guests? How is the room's lighting? Do you like your current furniture arrangement? Do you need to change the wall color or treatment? Are your window treatments dated? These questions and many more can go on and on. By sharing your thoughts with a professional, you'll definitely be on the right track – both with your ultimate decorating decisions and your budget.

After you've answered these critical questions, you can begin making some firm decisions about the four major elements in the room – flooring, walls, windows and furniture.

Flooring options are wide and varied. If new carpeting is in your plan, remember that it will provide your room with the greatest expanse of color.

Wall option selections – whether papered or painted – will give the room its excitement and splash.

Window treatments can either take center stage, or be a soft backdrop to your entire design plan. There is nothing, dollar for dollar, that can do more for a room than a beautifully designed window treatment.

Furniture – whether wood or upholstered, besides offering you beauty and comfort, it will also help pull all your design elements together when blended well with flooring, wall and window treatments.

With our master plan leading the way, decorating your tired living room should become a real pleasure.

*Barb Cacchione is an interior designer on Sanibel/Captiva Islands. She can be reached at barb@coindeciden.com.\**

## County Offices Holiday Schedule

Most Lee County administrative operations will be closed Thursday, November 23 and Friday, November 24 in observance of the Thanksgiving holiday. Other schedules will be adjusted, including Hurricane Irma debris pickup and public drop-off location hours.

Solid Waste: no trash will be collected Thursday. Thursday collections will be picked up Friday. The Waste to Energy Facility in Buckingham will be open 6:30 a.m. to 5 p.m. to accept waste. All other Solid Waste facilities will be closed. On Saturday, November 25, Friday collections will be picked up. The Buckingham facility will be open 6:30 a.m. to 5 p.m. to accept waste. All other Solid Waste facilities will be closed.

Hurricane Irma Debris: Hurricane debris collections will be suspended Wednesday through Sunday. Two public self drop-offs – the Lee Hendry Landfill and the Lee Civic Center – have now ceased operations and are closed. Except for Thursday, the following public self drop-off horticultural sites will remain open 7:30 a.m. to 5:30 p.m. – South Lee County: A&W Bulb site, 14790 A&W Bulb Road, Fort Myers; East Lee County: Lee County Mosquito Control, 1840 Gunnery Road North, Lehigh Acres; and North

Fort Myers: U.S. 41 site, 17771 North Tamiami Trail, North Fort Myers.

The county's three other horticultural self drop-off sites will close Wednesday, through Sunday. They will reopen at 7:30 a.m. Monday. Visit [www.leegov.com/lrma](http://www.leegov.com/lrma) for locations.

Construction/demolition debris can be self-hauled to the Waste-to-Energy Facility, 10500 Buckingham Road, Fort Myers. Hours are 7:30 a.m. to 6 p.m. Wednesday; and 7:30 a.m. to 5 p.m. Friday and Saturday.

LeeTran: On Thursday, November 23, there will be no bus or Passport service. On Friday, normal service resumes.

Parks & Recreation: Beaches, boat ramps, parks and preserves will be open through the holiday weekend. Administration offices, pools and recreation centers will be closed Thursday and Friday. Recreation centers and pools resume normal operating hours on Saturday. Administration offices resume normal operating hours on Monday.

Library System: Libraries close at 5 p.m. on Wednesday. All libraries will be closed Thursday and Friday. On Saturday, libraries open for regular hours.

Domestic Animal Services: The shelter at 5600 Banner Drive in south Fort Myers will be closed Thursday and Friday. On Saturday, the Lost & Found Pet Center will reopen for regular hours at 8 a.m., and the adoption center will open at 10:30 a.m.\*

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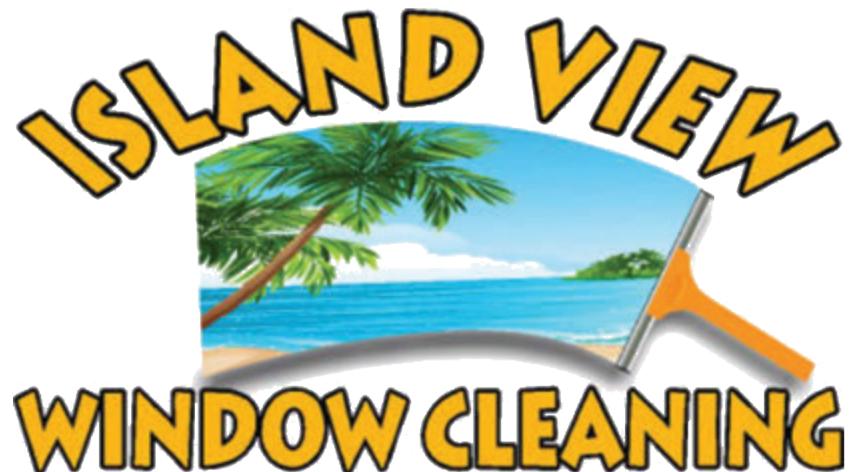
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## Book Review

## Hidden History Of Fort Myers

by Di Saggau

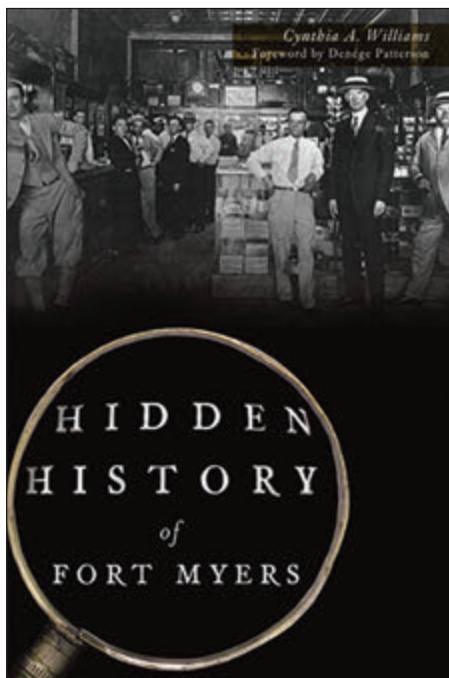


Everyone knows that Fort Myers was the winter home of Thomas Edison and Henry Ford, but did you know that the city began as a U.S. Army post during Florida's Seminole Wars? During

the Civil War, it became a battleground between Confederates and Yankees for cattle and, after the war, a gun-slinging cowboy town. The untold stories from the City of Palms can be found in Cynthia A. Williams book *Hidden History of Fort Myers*. The book is factual and well-researched as explained in the Foreword by Denege Patterson, historian and author.

While we are familiar with many names in the book, I'm sure many do not know the history behind some of those names. Williams weaves together a fascinating story of Fort Myers complete with pictures of those who played a part in the city's history. She begins with the various Florida Wars that began in 1817 and continued through 1849. Fort Myers was named for Colonel Abraham Charles Myers who was engaged to Major General David E. Twiggs. It was General Twiggs who gave the name "Myers" to the post on Valentine's Day, February 14, 1850.

All the prominent principal players are mentioned. In addition to Edison and Ford, this includes Seminole chief Billy Bowlegs, Cattle King Jacob Summerlin, Captain FA Hendry, Ambrose McGregor of Standard



Oil, and his wife "Tootie" McGregor who was Fort Myer's great benefactress. Their stories are engrossing

The history of famous buildings are explained in detail along with lots of pictures. I loved the look on Fisherman Berry C. Williams at Punta Rassa fish camp in 1957, with a 340-pound Goliath grouper. There is an interesting section titled *A Lost Page in Fort Myers History* that includes the story of Page Field which was the base for training fighter pilots in 1943. I have seen this book in many stores throughout Southwest Florida. I suggest you pick one up because the hidden stories will provide you with all you need to know about how Fort Myers turned from an isolated frontier town into a modern tourist destination. It's a rewarding read.\*

Based on the U.S. Census Bureau population estimates for the area, and the rate of overall nonfatal injury due to fire or burns defined by the Centers for Disease Control and Prevention (CDC) of 190 per 100,000, Lee County could see more than 200 nonfatal burn patients annually.

The new service will provide treatment for burns that cover less than 20 percent of the total body surface area, with variable causes mostly related to injury as a result of hot objects or liquids, as well as those accompanied by trauma. In addition, the hospital's sedation center staff is adept at providing a pain free experience for otherwise painful or scary procedures. "Changing burn dressings can be very painful," said Alyssa Bostwick, RN, project facilitator for the burn service. "The sedation center's expertise and our experienced child life specialists help make dressing changes less painful and less scary." Dressing changes can be scheduled in the sedation center in coordination with the pediatric surgical team after hospital discharge.

A database of all pediatric burn patients treated or assessed and transferred is being compiled to track multiple factors, such as cause of burn, percentage of body surface burned, referral source, treatment, etc., to determine barriers to treatment, and future needs of the service.\*

## School Smart

by Shelley M. Greggs, NCSP



**D**ear Readers,

As we approach Thanksgiving and the holiday season, let's take time to reflect on being thankful and having gratitude. The

dictionary defines gratitude as "the quality of being thankful; readiness to show appreciation for and to return kindness." Thankfulness and gratitude are two very important concepts for children to understand, experience and internalize.

Teaching children to be thankful for the abundance in their lives can be difficult as our society is very focused on material goods. Research tells us that, "Having regular experiences of gratitude is associated with healthy psychological and social functioning," (McCullough, Emmons & Tsang, 2002; Watkins, 2004). So, when we teach gratitude and thankfulness to our children and allow it to grow, we support improvement of our children's mental health and development of a positive life-long skill.

So how does a simple act of gratitude support our mental health and well-being? When we engage in being thankful this often leads to an increased sense of wellbeing and positive mood. Being grateful often reduces anxiety levels and feeling of depression. When we are grateful for specific people in our lives, we strengthen these relationships and increase connectivity to the world.

Parents can teach their children to be thankful and have gratitude, but just teaching it to our children is not enough. We must model it as well. Serving as role models for our children is the best way to help them learn and understand these concepts. And as we role model for them, we will also benefit and our own mental health will improve.

Here are some activities to help you teach thankfulness and gratitude to your children.

Say, "Thank you!" Tell your children thank you and tell them why you are saying it. When you say thank you and give verbal feedback, be explicit in your praise of the aspects that are good. Start your feedback with, "Thank you! I want to give you a compliment/compliments." Allow your children to realize that you are grateful for what they have done correctly. Children will start remembering the compliments as they are valued and repeated in more work.

End each day with a positive thought. Have your child tell you what is one thing they have learned that day or what was the best part of their day before they go to sleep each night. You could also do this at dinnertime and have each family member share something positive.

Gratitude/Thankful diary/Thank you notes - Encourage your child to write thank you notes or have their own diary that they write, draw or glue things in that they are thankful for in their lives. In times of upset, they can look through their diaries to remind themselves of all the things that make them thankful. These are powerful tools allowing children a tangible outlet to show gratitude.

Gratitude jars. Create a family gratitude jar and encourage family members on a weekly basis to write a little note with who and what has made them grateful and put it in the jar. Read them once a month at a family dinner and see positive feelings grow.

Modeling gratitude, that for which you are thankful, allows this expression of positivity to be normalized and incorporated as a part of daily life. Gratitude is a simple but effective way to develop a positive mindset for children and adults alike.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to [smgreggs@gmail.com](mailto:smgreggs@gmail.com). Not all questions submitted can be addressed through this publication.\*

## New Service Offers Treatment Close To Home

Within two weeks of officially opening its new burn service on October 16, two children with burns were treated at Golisano Children's Hospital of Southwest Florida. The new burn service, for the treatment of minor burns, is the latest addition to the children's hospital offerings. Prior to October, 10 children were transferred this year to burn facilities in the Tampa or Miami area for treatment. In 2016, seven children were transferred out of the area for burn treatment.

"Our number one goal at Golisano Children's Hospital of Southwest Florida has always been to keep kids and their families close to home for specialized medical care," said Armando Llechu, chief administrative officer. "The experience and expertise of our pediatric surgical and intensive care unit teams are the catalysts for the new burn service. By adopting the algorithms developed by our team, the emergency and trauma physicians across the Lee Health system and Lee County EMS are supporting the new service, and ultimately, the community."

## Nominations For Alumni Awards Sought

Florida Gulf Coast University's Alumni Association is accepting nominations for its annual Alumni Awards. Deadline for submission is Friday, January 12.

Since 2004, the FGCU Alumni Association has recognized outstanding graduates for their professional accomplishments and dedication to their communities and their alma mater.

Alumni are invited to enter nominations in two categories. Alumni of Distinction, the most prestigious award the association bestows, honors graduates who have upheld the university's tradition of excellence through personal accomplishments,

professional achievements and service to their communities. Last year's winner was Edward A. Morton, who earned a master's degree in health science from FGCU in 2009 and serves on the Board of Governors of the Florida State University System.

The other award category, Soaring Eagle, recognizes graduates from each college (within 10 years of graduation) for outstanding achievement or service in their professional or volunteer life.

Winners will be recognized Friday, February 16 at 6 p.m. during the Alumni Award Celebration at FGCU.

Nominations must be submitted online at [www.alumni.fgcu.edu/alumniawards](http://www.alumni.fgcu.edu/alumniawards). Alumni may nominate themselves or be nominated by someone else.

For more information, contact Kimberly Wallace, director of alumni relations, at 590-1087 or [kwallace@fgcu.edu](mailto:kwallace@fgcu.edu).\*

## Second Year For FAFSA Campaign

The FutureMakers Coalition has launched year two for FAFSA first!, an educational campaign aimed at informing high school seniors and their parents in Charlotte, Collier, Glades, Hendry and Lee counties about FAFSA, the Free Application for Federal Student Aid.

Last year, FutureMakers Coalition partners, including educators, workforce developers, business leaders, economic development professionals, government officials, residents and students across Southwest Florida were successful in achieving the campaign's goal of increasing the region's FAFSA completion rate by 5 percent. This year, the goal is set at achieving 50 percent FAFSA completion by the end of the 2017-18 school year.

"We are excited to keep the momentum going and continue this campaign as a collective effort to increase FAFSA completions across the region," said Tessa LeSage, director of social innovation and sustainability for the Southwest Florida Community Foundation, which serves as the backbone organization for the FutureMakers Coalition. "While we made great strides at boosting FAFSA completions last year, we aren't stopping. A new group of high school seniors and their parents must

be informed and educated about the importance of FAFSA and how it might help them receive aid for college or career school."

Research demonstrates the correlation between FAFSA completion rates and the percentage of workforce who holds degrees, certificates and high-quality credentials.

The 2018-19 FAFSA became available for filing October 1. Each year, the federal government provides more than \$150 billion in financial aid (grants, work-study and loans) for college and career school. To apply for this aid, every high school senior who plans to attend college or career school must complete the FAFSA. State governments and many colleges, career schools and private organizations also use FAFSA information to determine additional financial aid awards.

Campaign efforts are already underway across the region. Practitioner and marketing toolkits are available for use online. The practitioner toolkit, accessible at [www.futuremakerscoalition.com/toolkit](http://www.futuremakerscoalition.com/toolkit), focuses on effective implementation of FAFSA completion strategies. The marketing toolkit can be found on [www.FAFSAfirst.org](http://www.FAFSAfirst.org) and includes handouts and materials about FAFSA and helpful information to help students and parents file.

Visit [www.FAFSAfirst.org](http://www.FAFSAfirst.org) to learn more about the campaign, and for information and resources about FAFSA.✱

## Late Musician Offers One Last Song To FSW

During Wayne Rinkenback's life, music was his love and passion. He coupled that with his desire to serve God. One of his last wishes was to inspire music students to continue pursuing their dreams. This led to a \$110,000 scholarship gift to Florida SouthWestern State College's music program students.

"He was a gifted and talented musician; he wanted to serve God through his music. He played the violin, guitar and keyboard, but his favorite instrument was the violin. He also had a beautiful singing voice & enjoyed writing songs. His favorite types of music were contemporary Christian and the classic Christian gospel hymns," said Missie Eshbaugh, executor of Rinkenback's estate. "Wayne and I served together on a Christian evangelistic street ministry team for 10 years, and this is where he shined in playing music for the Lord."

Rinkenback studied music at Juilliard School in New York City.

"He also taught music to students in his home music studio," Eshbaugh added. "Wayne would encourage your music students to use their musical abilities and talents to help and serve others."

Joe Kramp, senior director of development, FSW Foundation, said this generous gift will impact students for generations.

"We are delighted to have Wayne Rinkenback as a member of FSW's Legacy



Wayne Rinkenback photo provided

Society," he said. "This scholarship is a great example of how a planning team can work together to complete a gift that will be transformative for FSW music students."

The FSW Legacy Society was formally launched on October 19 in the Rush Auditorium on the Thomas Edison Campus of FSW.

"My hope is that his gift will provide a college education, in his memory, to many music students," said Eshbaugh.

For more information about the FSW Legacy Society, call 489-9210 or email: [foundation@fsw.edu](mailto:foundation@fsw.edu).✱

## FGCU Senior Living Program

As baby boomers retire and growing numbers move into senior living facilities, the need for trained staff will increase exponentially. In anticipation of that need, the Office of Continuing Education & Off-Campus Programs at Florida Gulf Coast University (FGCU) presents the Senior Living Leadership Certificate, a program that prepares learners for careers in this growing industry.

The Senior Living Leadership Certificate includes a blend of gerontology fundamentals classes taught by healthcare professionals and FGCU faculty; leadership and professional development classes taught by senior living industry executive leaders and regional/national subject matter experts; and classes about senior living operations taught by facility practitioners.

The program begins February 24 and will meet at Cohen Center 213 on the FGCU campus from 10 a.m. to 1 p.m. for 33 Saturdays over 10 months. As an alternative, registered students may view the class from anywhere via the internet. In addition to the classes, participants complete a one-week externship at a senior living facility or an approved independent study to earn the non-credit-bearing certificate. Those who wish to take individual classes are welcome to do that as

well. The cost for the complete certificate is \$2,999; individual classes are \$109 each.

The Senior Living Leadership Certificate is designed for students with at least two years of college or equivalent appropriate experience. It provides senior living career-seekers the comprehensive, well-rounded foundation needed to work in a senior living environment and affords those already working in the industry an opportunity to enhance their skills and productivity. The industry anticipates a shortfall of qualified workers in a field where starting salaries for professional, administrative and executive personnel range from \$50,000 to more than \$65,000, and with experienced leaders commanding upwards of \$200,000.

The Senior Living Leadership Certificate Program was developed in consultation with Southwest Florida senior care executive leadership, including state Senator Lizbeth Benacquisto.

"FGCU is grateful to Senator Lizbeth Benacquisto for her facilitation and guidance in the creation of this new program which meets a critical community need and provides excellent employment opportunities," said Florida Gulf Coast University President Mike Martin.

A complete list of the classes and program instructors can be at [www.fgcu.edu/leadershipcertificate](http://www.fgcu.edu/leadershipcertificate) For registration information, call 745-4700, email [continuinged@fgcu.edu](mailto:continuinged@fgcu.edu), or go online at Upcoming FGCU Professional Development Programs at [fgcu.edu/pdp](http://fgcu.edu/pdp).✱

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## Two Major Sporting Events Coming To Area In Early December



by Ed Frank

There are two major sporting events coming to our area in the coming weeks – both drawing national attention and both drawing huge crowds.

The 29th edition of the QBE Shootout, popularly known as the Shark Shootout, returns to the Tiburon Golf Club in Naples from December 8 to 10 featuring 15 of the top 50 professional golfers in the world.

Then on Monday, December 18, the 45th annual City of Palms Classic, the top high school basketball tournament in the country, begins in Fort Myers at the Suncoast Credit Union Arena on the campus of SouthWestern State College.

This week, we will preview Greg Norman's Shark Shootout, followed by a report on the City of Palms Classic in next week's column.

Twelve two-member teams will compete in the \$3.3 million tournament featuring the returning champion team of Harris English and Matt Kuchar, who will attempt to become the first team to win the shootout three times.

They also won in 2013 and finished second in both 2014 and 2015. Their shootout winnings the last four years total \$1,255,000 each.

Keegan Bradley and Brendan Steele, who were victorious in 2011, are

## Rotary South All-Star Classic

The Rotary South All-Star Classic returns for its 29th year on Monday and Wednesday, December 4 and 6. Rotary Club of Fort Myers South kicks off the two-day event at Fort Myers High School on Monday at 6 p.m. with an awards banquet honoring Lee County's top senior football players, cheerleaders and coaches. On Wednesday, the popular football game between North and South high school all-star players will take place under the lights at Fort Myers High School's Sam Sirianni Field in Edison Stadium.

About 300 players, cheerleaders, coaches, families, Rotarians and community leaders are expected to attend the awards banquet. In addition to recognizing players' and coaches' talent and dedication, the banquet sets the tone for the game ahead, with inspiration and motivation from a keynote speaker to make a lasting impact on all attendees.

The annual All-Star Classic football game showcases the best senior players from across Lee County's public and private high school football teams. Participating players and cheerleaders are nominated by their head coaches, and become eligible to receive recognition as an MVP or scholar-athlete. The players come together on teams, competing

against each other as North versus South, representing one of the final challenges these players will face in their high school football careers. Each of the football players and cheerleaders is presented with a customized commemorative ring or charm.

Sanibel resident and football enthusiast John Carrigan founded the Rotary South All-Star Classic in 1989. This event was the first countywide organized football game in the state of Florida. Carrigan's vision of football paired with fundraising has continued since then under the continued leadership of Rotary Club of Fort Myers South. Proceeds from the event are used to support college scholarships, as well as grants for local community organizations.

Rotary South All-Star Classic Chair Tracie Bagans said, "The Rotary Club of Fort Myers South's All-Star Classic is one of Southwest Florida's most anticipated high school football games of the year, and worth all the work and effort that goes into planning what has become a tradition in our community."

The Rotary Club of Fort Myers South is seeking donations and sponsors to help cover the cost of this annual event. Area businesses or individuals can sponsor the event, a team, player or cheerleader. Tickets to the banquet are \$35. For more information on sponsorship or ticket sales, contact Suzi Ward at 834-8643 or szward22@gmail.com.\*

returning, and Kevin Chappell and Kevin Kisner will pair up for the second year in a row. The remaining nine teams are new to the tournament.

Florida native Lexi Thompson, an LPGA champion, is paired with shootout rookie Tony Finau. She is the first female to play in multiple shootouts. Thompson, 22 years old, and Finau, 28, are the youngest team in the field.

Tournament host Greg Norman, who founded the popular tournament 29 years ago, is proud of the fact that the event has raised more than \$13 million for charitable causes with CureSearch for Children's Cancer being the primary beneficiary.

Norman explained that the criteria for his tournament qualification is based on returning champions playing as a team, the 12 top committed professionals from the final 2017 FedExCup standings and 10 special exemptions, a minimum of four coming from the top 40 on the PGA Tour money list.

The tournament format remains the same as in past years – a scramble in the first round, a modified alternate shot on Saturday and a better ball on Sunday.

Sunday's final round will be televised live on NBC from 2 to 4 p.m. The first two rounds will be carried on the Golf Channel.

In addition to the teams of English-Kucher, Chappel-Kisner, Bradley-Steele and Thompson-Finau, the following are the eight remaining teams: Brandt Snedeker-Bubba Watson; Charley Hoffman-Zach Johnson; Daniel Berger-Gary Woodland; Jason Dufner-Billy Horschel; Brian Harman-Pat Perez; Russell Henley-Kyle Stanley; Sean O'Hair-Steve Stricker; Shane Lowry-Graeme McDowell.

New for this year's event is a Friday night concert by the Ben Allen Band from 5 to 8 p.m. on the Tiburon clubhouse lawn. A family golf clinic will be held Saturday immediately following play. Tickets start at \$25 per day.\*

## America's Boating Course

The San Carlos Bay Sail & Power Squadron, a unit of the United States Power Squadrons that serves South Fort Myers, Fort Myers Beach, Bonita Springs, and Estero, will be offering America's Boating Course on Saturday, December 2 from 8:15 a.m. to 12:30 p.m.

America's Boating Course is a

two-part class recognized by the National Association of State Boating Law Administrators. The State of Florida recently passed legislation requiring anyone born after January 1, 1988 to have passed a safe boating course and obtain a Boating Safety Education ID card, which is valid for life, in order to operate a boat with more than 10 horsepower. Each student will receive a card/certificate from the Florida Fish and Wildlife Commission upon completion of the class.

The second session will be on Saturday, continued on page 23

## SPORTS QUIZ

1. Mark Teixeira of the New York Yankees retired in 2016 as the fifth-ranked player for career home runs by a switch-hitter (409). Name two of the four ahead of him on the list.
2. How many times did Detroit's Ty Cobb lead the American League in doubles and triples in the same season?
3. When was the last time before 2016 that Navy's football team defeated a top-10-ranked school?
4. Who was that last coach to lead the Sacramento Kings to the NBA playoffs?
5. In 2017, Nashville's Frederick Gaudreau became the second player in NHL history to score his first three career goals in the Stanley Cup Finals. Who was the first?
6. Five drivers have been back-to-back winners of Daytona's summer NASCAR race. Can you name three of them?
7. Name the last women's major tennis tournament before the 2017 French Open to have no past Grand Slam champions reach the quarterfinals.

## ANSWERS

1. Mickey Mantle (536 home runs), Eddie Murray (504), Chipper Jones (468) and Carlos Beltran (421 and Tony Stewart (2005-06). 7. The 1979 Australian Open.
6. Fireball Roberts (1962-63), A.J. Foyt (1964-65), Cale Yarborough (1967-68), David Pearson (1972-74) and Rick Adelman, in the 2005-2006 season. 5. John Harms of the Chicago Blackhawks in 1944.
2. Three times – 1908, 1911 and 1917. 3. Navy beat No. 2 South Carolina in 1984.
1. Mickey Mantle (536 home runs), Eddie Murray (504), Chipper Jones (468) and Carlos Beltran (421



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From left, Scott and Mary Fischer with Gary and Karen Tasman photos provided

## Pace Center For Girls Benefit Raises \$180K

Through the overwhelming support of its sponsors, community partners and supporters, PACE Center for Girls, Lee raised an astounding \$180,981 from its Tides of Change event at MarineMax in Fort Myers on November 3. The proceeds will support the year-round academics, counseling and career preparation services for girls, ages 11 to 18, in Lee County.

While at PACE, girls earn academic credits to bring them back on track with their district peers while learning positive coping skills to help them find success in school, at home and in their communities. Girls also benefit from career exploration and vocational services,



From left, Doug Meurer, Gail L. Markham, Suzanne Boy and John Agnew

preparing them for future economic independence.

This new coastal-themed fundraiser wrapped up PACE's year of celebrations in honor of its 10 years of service in Lee County and sold out weeks in advance. The shore-side dinner and dancing event featured a Docktail Hour "yacht crawl" tour of MarineMax's luxurious yachts, artistic cuisine by Crave Culinaire, raffle, live auction and a keynote address by a former PACE student who overcame her risk factors and found her voice during her time at the PACE Center for Girls, Lee.

PACE Lee Executive Director Meg M. Geltner said, "Believing in girls is our mandate, and we are overwhelmed to know how the greater community has embraced our mission. The generous spirit of giving that was present in the room reflects the PACE love that fills our hearts."

Geltner also expresses gratitude on behalf of the organization, its board of directors and the event committee to the event's sponsors. The event chairs were Cheryl Komnick, Noelle Casagrande and Marc Collins.\*



Donna Clarke poses with officers of the Fort Myers Police Department



Karen Johnson Crowther



From left, Angela Melvin, Audrey Brooks and Lt. Angelo Vaughn



From left, Kristy Knupp, Noelle Casagrande, Marie Kamp, and Crystal Robertson



Standing from left, Lt. Angelo Vaughn, Melissa Cofta, Noelle Casagrande, Valerie Parus, Meg M. Geltner; Seated from left, Joel Mitchell and David and Mara McKinney



From left, Richard Heinrich, Erik Brown, Sandy Heinrich, Sandra Stilwell-Youngquist and Tim Youngquist



From left, Sue Guina, Michele Eddy, Angela Shanley and K.M. Copham



From left, Susan and Mark Blust with Carrie Williams



SWFL Children's Charities officials during the check presentation photo provided

## Nonprofit Donates \$2.7 Million To Children's Hospital

SWFL Children's Charities, Inc., a nonprofit dedicated to supporting health care and health science education in Southwest Florida, recently presented \$2.7 million to Golisano Children's Hospital of Southwest Florida, with \$1 million designated to address the vital need for children's mental and behavioral health programs. Contributions were raised through the 2017 Southwest Florida Wine & Food Fest, SWFL Children's Charities, Inc.'s annual signature fundraising event.

Over the past nine years, SWFL Children's Charities, Inc. has raised \$16,350,000 for the local children's hospital, making the organization the second largest donor next to Tom Golisano. Funds were raised in support of the building of the new state-of-the-art facility, as well as for special funding initiatives including NICU incubator beds, a neonatal and pediatric ambulance, pediatric surgical equipment, pediatric cardiology, children's mental and behavioral health programs and pediatric cancer.

"We are grateful for the endless generosity of SWFL Children's Charities, Inc. and for our community's dedication to providing exceptional health care to our region's youngest patients," said Dr. Larry Antonucci, president and CEO for

Lee Health. "It is through the continued support of our community that Golisano Children's Hospital of Southwest Florida is able to make great strides in health care, and we are thankful for the ability to further enhance the level of services and programs that benefit the future of our children."

"SWFL Children's Charities, Inc. is thrilled to present Golisano Children's Hospital of Southwest Florida with funds that enable children and families to receive lifesaving care close to home," said Elaine Hawkins, trustee and president of the board of directors, SWFL Children's Charities, Inc. "We are thankful for all who came together to advocate for pediatric health care and support essential mental and behavioral health programs for Southwest Florida's most vulnerable children, and we are eager to see the positive impacts that Golisano's work will continue to make within our region."

The 2018 Southwest Florida Wine &

Food Fest will take place on March 2 and 3. The two-day signature event will feature uniquely themed Chef Vintner Dinners on March 2, held at private venues throughout Southwest Florida. The Grand Tasting and Live Auction will be held Saturday, March 3 at Quail West Golf and Country Club, located at 5950 Burnham Road in Naples. To learn more about SWFL Children's Charities, Inc. and the Southwest Florida Wine & Food Fest, visit [www.swflwinefest.org](http://www.swflwinefest.org).

The annual Southwest Florida Wine & Food Fest, has raised \$18.7 million over the past nine years, making it the most successful fundraising event in Lee County and one of the top-grossing wine fests in the country. The trustees and sponsors underwrite the event and the nonprofit, SWFL Children's Charities, Inc. donates 100 percent of the auction proceeds to three primary local beneficiaries.

For more information, visit [www.swflwinefest.org](http://www.swflwinefest.org).

## Heart Disease And Stroke Recovery Network

About 92.1 million American adults are living with some form of cardiovascular disease or after-effects of stroke, according to the American Heart Association and American Stroke Association, the world's leading voluntary health organization devoted to fighting cardiovascular diseases and stroke.

Research has shown that the emotional recovery from heart disease and stroke can often aid in the physical recovery. Additionally, it's not just the person who has had the event, but also the people who love and care for them.

The Lex and Eileen Roulston Lifestyle Change Initiative and Lee County Support Network for Survivors and Caregivers, funded by Lex and Eileen Roulston, will provide an online support network to the people of Lee County. Six percent of the people living in the county are living with heart disease. The American Heart Association Support Network was created to connect individuals affected by heart and stroke events, and to provide them with a platform to share stories and experiences in their journey to recovery. The inspiration for the local network is a personal mission for the Roulstons.

In September of 2001, Lex Roulston found himself undergoing a quintuple

coronary artery bypass surgery due to a blockage in all five of his heart vessels. Like most, his recovery process was not easy. Through cardiac rehabilitation, hard work and lifestyle changes, he made a full recovery. Roulston is now dedicated to helping those looking for support during their own recovery process.

"The greatest benefit of cardiac rehab was the advice and encouragement from the nurses," Roulston said. "Thanks to them, I was determined to change my lifestyle - more exercise and better eating habits."

Social support plays an important role in heart health and those recovering from stroke and heart disease.

"Surgery alone cannot fix your cardiac problems," Roulston added. "I have learned that lifestyle changes are essential to better health and the support you get from others who understand what you are going through helps you stick with those changes."

By joining the support network, individuals can connect with more than 100,000 users with similar journeys. The network can become a catalyst for inspiring change, sharing prevention messages, and joining families and survivors of Lee County. The American Heart Association would like to thank Lex and Eileen Roulston for their generous gift in bringing the Support Network to Lee County.

Learn more by visiting [www.heart.org/SupportLeeCounty](http://www.heart.org/SupportLeeCounty).

Available at  
[www.AMAZON.COM](http://www.AMAZON.COM)  
[www.EDITORIALXPRESS.COM](http://www.EDITORIALXPRESS.COM)

### Female Pioneers of Fort Myers

Women Who Made a Difference in the City's Development

By Robin C. Tuthill and Thomas P. Hall

"Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too."

Geri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*

## Weather-Ready Ambassador

Hope Healthcare has been recognized as a Weather-Ready Nation Ambassador as part of the National Oceanic and Atmospheric Administration's initiative designed to help serve the public by strengthening our national resilience against extreme weather events.

"Hurricane Irma tested Hope's preparedness plan, and I'm proud to say we passed with flying colors," said Samira K. Beckwith, Hope Healthcare president and CEO. "Our dedicated staff and volunteers rose to the challenge and

worked tirelessly to care for so many of our community's most vulnerable who needed special help during an already difficult time.

"Hope's association with the Weather-Ready Nation program allows us to utilize our vital connection to the community and encourage people to heed warnings and take appropriate action during severe weather."

As a WRN Ambassador, Hope Healthcare is committed to working with NOAA and other ambassadors from government, non-profits, academia and private industry to help make the nation more ready, responsive and resilient against extreme environmental hazards.

For more information, call 482-4673 or visit [www.HopeHCS.org](http://www.HopeHCS.org).

Beautifulife:

## React



by Kay Casperson

**H**ow do you react to certain things that happen from day to day? Whether it be in a crisis, when you are caught off guard, or when you get news that isn't ideal? The definition of reaction is an

action performed or a feeling experienced in response to a situation or event.

How you react to something could be the difference between making good decisions or bad ones, as well as how you make others feel and what the overall outcome of the event is. Regardless of the circumstance or events that take place in life, I have come up with a few tips for you to think about before you react in any situation.

Stay calm so that you can think clearly about what is happening at the moment in order to make the best decision as to how to handle it.

Pray for wisdom, peace, healing, miracles or comfort depending on the situation, and know that your prayers are working.

Stay positive and realize that whatever is happening right now will work out and everything will be OK.

Speak words of encouragement to

yourself and to others in order to keep everyone as optimistic as possible during any situation.

Don't hesitate to seek help when needed to deal with emergencies. Know that you cannot do everything alone and there are people out there that are trained experts to deal with any crisis.

No matter what you are dealt with from day to day in this thing called life, I know for sure that if you take a step back to breathe, think and pray before you react, you will see a much better outcome. You will also be happier with the results of your actions knowing that you did not react in fear but in peace and love, and everything else is not yours to control.

I believe this is such an important aspect to living your most balanced and beautiful life and I know that it is not an easy thing to accomplish for all situations, but I also know that if you pay attention and try to remain calm, cool and collected most of the time, you will be successful in making great decisions.

My affirmation for you this week is:

"I will pause before I react in order to make good decisions in order to create the best results for my life and for others."

*Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva Islands and in Disney. Casperson has lived on Sanibel and Captiva Islands for many years with her husband and two daughters and enjoys her beautifulife everyday. For more information, visit [www.kaycasperson.com](http://www.kaycasperson.com) or follow her on social media @kaycasperson.\**

## Lee TDC Grant Funding

**T**he Lee County Tourist Development Council (TDC) awarded \$350,000 in grant funding to more than 40 area attractions.

Since 2000, the TDC has provided more than \$3.6 million for attractions marketing in Lee County. The grants provide marketing support to nonprofit local attractions that produce art, culture or offer other unique experiences. The funding comes from a 5 percent "bed tax," which is a tourist tax on short-term accommodations.

Susan Bridges, president of the Center for the Arts of Bonita Springs, received a \$15,000 grant to support marketing for an arts program. Erin White, executive director for the Lakes Park Enrichment Foundation, will use its \$8,000 grant to help promote the park.

"This money will help us print brochures, buy Facebook ads and promote fundraising so people will come and want to contribute," White said.

The attractions that receive grants are expected to help advance tourism, enhance visitor experiences and encourage repeat visitation to Lee County, said Nancy MacPhee, program director, noting that the funding must be used for marketing and advertising.

In 2004, the TDC partnered with the Alliance for the Arts and the Southwest Florida Community Foundation to provide financial assistance to not-for-profit arts and attractions organizations and to strengthen awareness of local arts and cultural venues that enhance the tourism opportunities in Lee County.

This joint effort enhances the visitor experience, encourages repeat visits through promoting and disseminating information regarding cultural offerings within the destination.\*

a 12-month membership. In addition, students who join the squadron will also be eligible for a free three hour On The Water training session.

The cost of the course is \$60 with a \$20 cost for a second person sharing the instruction materials. The cost includes lunch after the second Saturday class.

The course is being taught at the San Carlos Bay Sail & Power Squadron classroom located at 16048 San Carlos Boulevard. Students can register online at [www.scbps.com](http://www.scbps.com) or call the office at 466-4040 and leave a message.\*

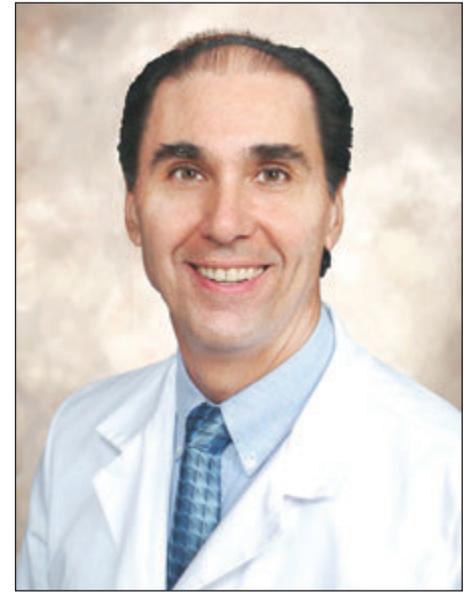
## Health Leader Installed To State Board Of Trustees

**L**arry Antonucci, MD, MBA, Lee Health's president & CEO, was recently appointed and installed to the 2017-18 Florida Hospital Association's (FHA's) Board of Trustees. Through representation and advocacy, education and informational services, the FHA supports its membership of more than 200 hospitals and health care systems throughout the state to provide the highest quality care to patients they serve.

Dr. Antonucci has nearly 35 years of leadership experience – both as a practicing obstetrician/gynecologist (OB/GYN) and as a health care executive.

In 2007, Dr. Antonucci joined Lee Health as chief administrative officer for Cape Coral Hospital. By 2009, he was appointed chief operating officer of hospital services for the health system and assumed responsibility for physician services in early 2010. In October 2011, Dr. Antonucci was named chief operating officer for the health system, and assumed the role of president and chief executive officer in June 2017.

Prior to joining Lee Health, Dr. Antonucci was a well-respected, practicing OB/GYN for 24 years. In 1983, he co-founded Physicians Primary Care (PPC), a large,



Larry Antonucci photo provided

multi-specialty group practice in Lee County, and served as its managing partner for many years.

"I am proud to serve on the FHA Board of Trustees," Dr. Antonucci says. "It is an honor to join other health care leaders in advancing the mission and vision of the FHA. It is important to me, and to Lee Health, that I have a role in the continued advocacy for the resources necessary to provide high-quality, affordable health care throughout our state."

For more information, visit [www.fha.org](http://www.fha.org).\*

From page 20

## Boating Course

December 9 from 8:15 a.m. to 12:30 p.m. Topics covered include hull design, docking, anchoring, handling boating emergencies, reading channel markers and many other topics to make each boating experience safer and more enjoyable. Successful completion of this course entitles the boater to six months free membership in the United States Power Squadrons with the purchase of

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## Life-Saving Reasons To Eat Cauliflower



by Suzy Cohen, RPh

**D**ear Readers: I was eating dinner with Sam and having home-made chicken soup with a slice of Sourdough bread and melted butter. It was simple and delicious. We ate silently. Towards the

end of the meal, he says to me, "We always eat our soup and bread silently because we are mentally calculating how to time the last bite so it's perfect."

LOL! So true. We usually chatter during meals and tell funny stories, but when soup and bread hit the table, it all goes to silence. I like to time my last bite so it's soup (to wash down the bread).

Regardless, about this home-made chicken soup...that's what I really want to talk about. Tonight we made it differently with peas instead of celery (because you need something green) and with red onions instead of white ones. We used shredded cauliflower instead of rice, that was the biggest and most pleasant surprise because I didn't think it would actually work.

You can buy shredded cauliflower now in bags, in the produce department of your grocery store. Someone should have bagged this stuff decades ago.

Anyway, the cauliflower holds up remarkably well, even days later. It acts just like rice, except with cauliflower, you get the most incredible health benefits. It's a crucifer, like its green cousins – broccoli and Brussels sprouts – so it has the same cancer-fighting properties. I want you to start cooking with cauliflower, here's why:

Cauliflower contains sulforaphanes, that's the compound that gives it a funky sulfur smell. This compound has been isolated and studied. It clearly demonstrates cancer-fighting promise, especially for breast, prostate and other reproductive cancers. This has been shown repeatedly, in both animal models and test tube studies.

Cauliflower contains antioxidants which neutralize free radicals. There are many, but among the more recognizable, we find quercetin, vitamin K, vitamin C, beta-carotene and kaempferol. That last one is incredible; it's rarely talked about but kaempferol has evidence behind it to show that it can block VEGF production in your body and "suppress ovarian cancer cell metastasis in vitro" according to one research study. Another article suggests kaempferol could interact with estrogen receptors on the cell and slow growth of cancer.

Cauliflower protects your bones because it is a rich, natural source of vitamin K and C, as well as minerals like potassium, manganese and phosphorus.

Cauliflower gives you a low-carb alternative to digestible fiber so it will help you achieve regular bowel movements, while eliminating toxins stuck in the deep crevices of your gut. In fact, sulforaphanes and glucosinolates found in cauliflower fight *Helicobacter pylori*, and that fact alone should reduce your risk of colon cancer.

Cauliflower contains I3C (Indole 3 Carbinol) which helps metabolize estrogen into anti-cancer by-products, and that's good for both men and women. I3C has been studied for its role in cholesterol and triglyceride synthesis. If you'd like to get some of my recipes using cauliflower, sign up for my newsletter, and I'll email them to you.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).✱*

All proceeds from Taste of Love will benefit Special Equestrians, a nonprofit organization dedicated to helping children and adults with disabilities by providing a structured therapeutic horseback riding program and equine assisted activities. The Special Equestrians therapeutic riding program has been awarded Premier Accredited Center status by the Professional Association of Therapeutic Horsemanship. Serving Lee, Charlotte, Hendry and Glades counties, Special Equestrians is a United Way Partner Agency that has been serving Southwest Florida for more than 30 years.

Sponsors to date including Palm Printing, Signs Now and *Florida Weekly*. Additional sponsorship and underwriting opportunities are available at [www.specialequestrians.net](http://www.specialequestrians.net) or by calling Freda Jones at 565-3792 or [flj@rbcs.net](mailto:flj@rbcs.net) or Jan Fifer at 851-7070 or [jtfifer@gmail.com](mailto:jtfifer@gmail.com)

The Ranch Concert Hall & Saloon is located at 2158 Colonial Boulevard in Fort Myers.✱

Doctor and Dietician

## Coffee



by Ross Hauser, MD and Marion Hauser, MS, RD

**C**offee is a must for many people who cannot start the day without a morning brew.

Coffee has been a debated topic in the health arena. It does have potentially beneficial compounds, such as antioxidants and phytochemicals and, in moderation, may affect disease risk. Evidence seems to suggest that coffee drinking may help reduce Alzheimer's Disease, Parkinson's disease and Type 2 diabetes. On the flipside, there is also evidence that some compounds found in coffee may be harmful for certain individuals, specifically those with osteoporosis, pregnant women and epilepsy patients. There are also links between coffee consumption and cardiovascular disease.

Overall, studies such as A Comprehensive Overview of the Risks and Benefits of Coffee Consumption, in the journal *Comprehensive Reviews* concludes that, in moderation, the health

benefits of coffee outweigh the risks.

Five ways coffee may benefit overall health:

1. Coffee contains polyphenols that are effective at neutralizing free radicals by providing a bunch of essential antioxidants. In neurodegenerative disorders like Alzheimer's disease and Parkinson's disease, coffee's powerful antioxidants may reduce oxidative stress in brain tissue.

2. Coffee consumption is associated with lowered risks for diseases involving the digestive system, including symptomatic gallstone disease and chronic liver disease. Caffeine, along with the powerful antioxidant and anti-inflammatory properties available in coffee, protect the liver, keeping it from stiffening.

3. Coffee's anti-inflammatory properties lower the risk for Alzheimer's Disease.

4. Coffee decreases the risk of Type 2 diabetes, because of compounds that may alter glucose metabolism. Both regular and decaffeinated coffees alter the secretion of gastrointestinal hormones slowing down glucose absorption.

5. Coffee may lower the risk of colon, breast and prostate cancer.

To avoid too much caffeine, naturally decaffeinated (Swiss water process) coffee is also a good source of anti-oxidants.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at [info@caringmedical.com](mailto:info@caringmedical.com).✱*

From page 1

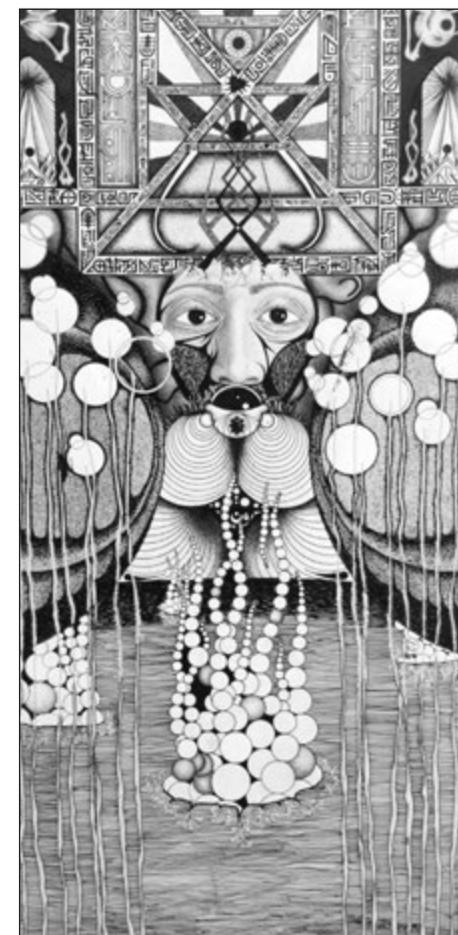
## Exhibit

where he developed his unique style using pen, pencil and ink, and later on, acrylic. The Fort Myers resident is influenced by the work of Salvador Dali, Piet Mondrian and Wayne White.

Weber, born in Cochem, Germany, is an abstract artist that is fascinated by colors and forms, and whose works are permeated with lines, which arise from synthetic drawing. His tools include needles, putty knives, brushes, pencils and, of course, his hands which enable him to feel his art. "People often view my work and find the unexpected. Looking at my paintings more closely or over a longer period of time, you'll always discover shapes and figures which previously remained covered," said Weber.

Arts for ACT Gallery is located at 2265 First Street in downtown Fort Myers. Visit [www.artsforactgallery.com](http://www.artsforactgallery.com) for more information.✱

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editorial copy to:  
[press@riverweekly.com](mailto:press@riverweekly.com)



Work by Rob Goldey

## Benefit For Special Equestrians Set For March 11

**S**pecial Equestrians' annual culinary extravaganza, Taste of Love, will be held Sunday, March 11, 2018 from 5 to 9 p.m. at The Ranch Concert Hall & Saloon. The event theme is Back at the Ranch and will feature dishes from popular area restaurants and chefs, wine pairings, live and silent auctions and entertainment.

Celebrity auctioneer Jay Severson and award-winning radio and television personality Gina Birch will oversee the evening's events. Nearly 500 guests attended the event in 2017, raising more than \$200,000 for the therapeutic horseback riding program. Tickets are \$100 per person and may be purchased online at [www.specialequestrians.net](http://www.specialequestrians.net) or by calling 851-7070 or emailing [jtfifer@gmail.com](mailto:jtfifer@gmail.com).



Florida Yellowfin Tuna with Pepper Garlic Crust

photo courtesy Fresh From Florida



**Florida Yellowfin Tuna with Pepper Garlic Crust**

- 4 eight-ounce tuna steaks, 1½-inch thick
- ½ tablespoon salt
- ½ tablespoon rushed black peppercorns

1 tablespoon olive oil  
 1 clove garlic, peeled and chopped  
 Season the tuna steaks with salt and crushed black peppercorns. Heat oil in a skillet over high heat; add garlic and brown. Add tuna steaks and sear to desired doneness. Cook 2 minutes on each side for rare center; 3 to 5 minutes each side for medium center; 5 to 8 minutes each side for well-done center.  
 Yield four servings.\*

**HORTOONS**



Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

**ARTS**

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

**CLUBS & ORGANIZATIONS**

Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE(National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Gateway to the Islands	218-5768
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

**AREA ATTRACTIONS**

Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

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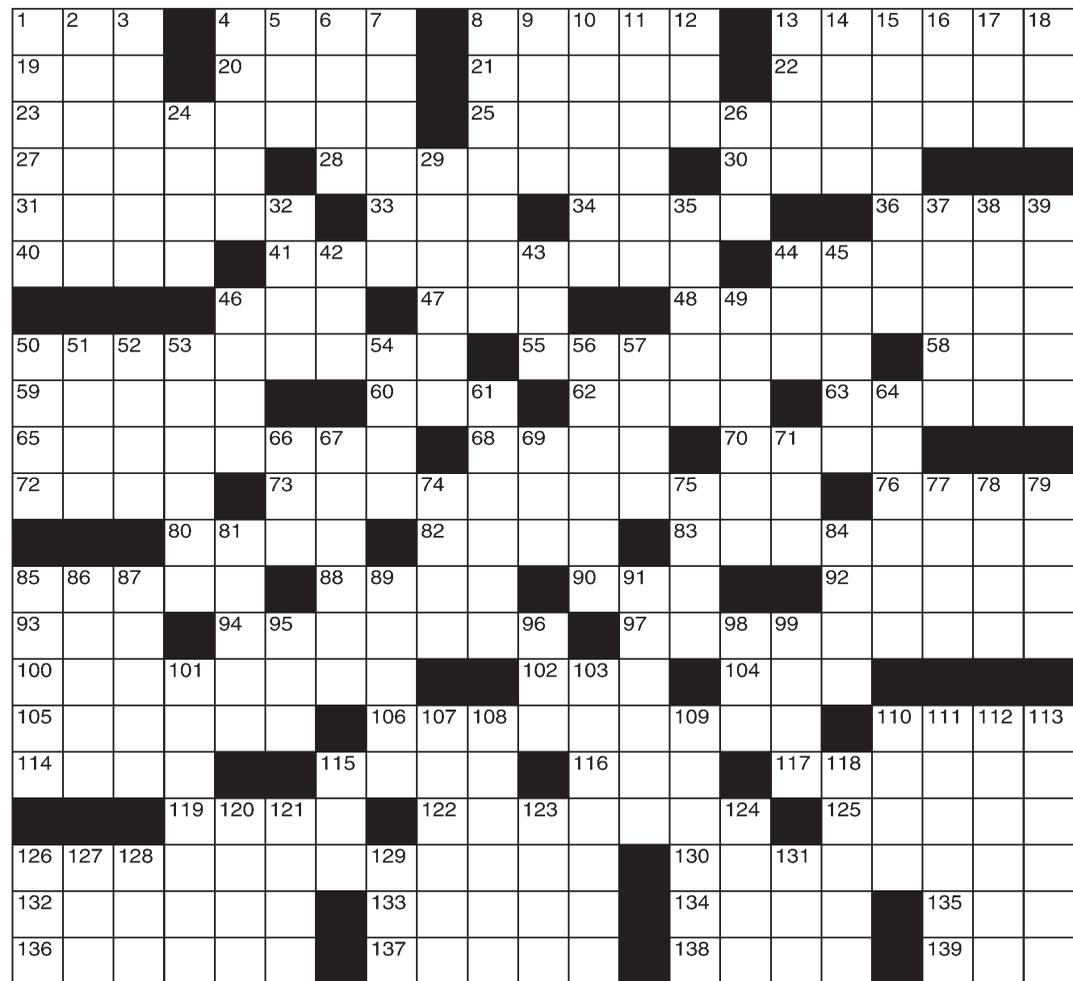
# PUZZLES

Answers on page 29

## Super Crossword

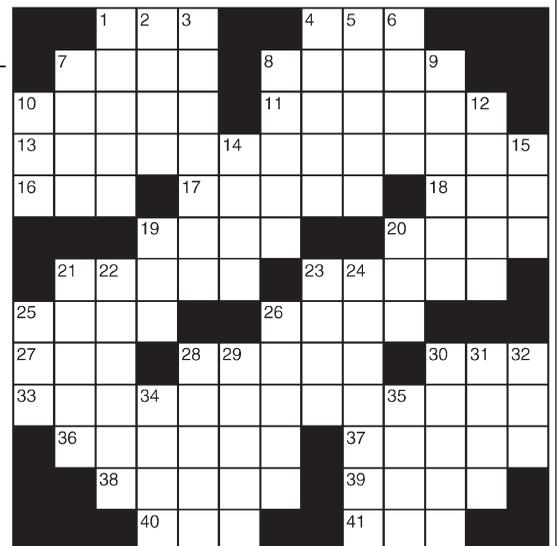
### A DOSE OF REALITY

- ACROSS**
- 1 "The Real O'Neals" network
  - 4 Eye-popper
  - 8 Town in NE New Jersey
  - 13 Root
  - 19 Old Olds
  - 20 Some till fill
  - 21 Obstinate reply
  - 22 Nobelist Hemingway
  - 23 Phnom Penh's land [2015]
  - 25 Tonga's site [2011]
  - 27 Top points
  - 28 Purplish-red flower
  - 30 Apple product
  - 31 "Beats me!"
  - 33 Fashion's Anna —
  - 34 Aries, e.g.
  - 36 Home of Columbus
  - 40 Kitchen raiders
  - 41 Neighbor of Mexico [2005]
  - 44 Kenya's home [2001]
  - 46 Zing
  - 47 Virginia hrs.
  - 48 Varieties
  - 50 They're part of French Polynesia [2002]
  - 55 Country with the capital Vila [2004]
  - 58 Tint
  - 59 Sailor's site
  - 60 Big Apple NFL team, on scoreboards
  - 62 Umlaut pair
  - 63 High-five sounds
  - 65 Conduct, as business
  - 68 Legal exam
  - 70 "Adios!"
  - 72 Harvest mo.
  - 73 Where Tagalog is spoken [2012]
  - 76 "Finished!"
  - 80 Sailing
  - 82 Biology div.
  - 83 Inventive
  - 85 Cola brand
  - 88 Comic Foxx
  - 90 Log cutter
  - 92 Paradises
  - 93 "Hail, Livy!"
  - 94 Luzon province north of Isabela [2014]
  - 97 Its president is Daniel Ortega [2010]
  - 100 One who dawdles
  - 102 Cartoon yell
  - 104 Tram cargo
  - 105 Where balboas are spent [2006]
  - 106 World's largest rain forest [2003]
  - 110 Cotillion girls
  - 114 Hose mishap
  - 115 "Pardon?"
  - 116 "— tu" (Verdi aria)
  - 117 Diner staple
  - 119 "Mamma Mia!" quartet
  - 122 Treatment process
  - 125 Greek vowel
  - 126 Central American archipelago [2003]
  - 130 Reality show of which 12 title locations are featured in this puzzle
  - 132 "Billy —" (2000 film)
  - 133 Maine city
  - 134 Sky color
  - 135 Butyl or propyl ender
  - 136 Titans
  - 137 Native of Italy's Leaning Tower city
  - 138 Desires
  - 139 Outlaw Kelly
  - 38 Freeze over
  - 39 Havens
  - 42 Co. with brown trucks
  - 43 "True Life" channel
  - 44 Hgt.
  - 45 Soul-seller of legend
  - 46 Many groan-eliciting jokes
  - 49 Egg-hunt holiday
  - 50 Verbal jewels
  - 51 Lot division
  - 52 Harvest
  - 53 Australian airline
  - 54 Opposer
  - 56 Conforms
  - 57 Brief denial
  - 61 "The Wizard of Oz" witch
  - 64 Hoity-toity
  - 66 Jungle beast
  - 67 Fee
  - 69 Jacuzzi joint
  - 71 "Do — say!"
  - 74 Gent partner
  - 75 "— get it!"
  - 77 Blood type, in brief
  - 78 Half of Mork's farewell
  - 79 Film lioness
  - 81 "Attack, mutt!"
  - 84 Richard of "No Mercy"
  - 85 Feelers on insects
  - 86 Brand of spring water
  - 87 Del. neighbor
  - 89 Ground
  - 91 Major Turkish city
  - 95 Noted coach
  - 96 Parseghian
  - 98 Dove's noise
  - 99 River in Italy
  - 101 Cosmonaut Yuri
  - 103 Poet Ralph Waldo —
  - 107 John Wayne film of 1962
  - 108 Group that shares a culture
  - 109 Flies past
  - 110 Actress Moore
  - 111 Late morning time
  - 112 "Vamoose!"
  - 113 Gazed rudely
  - 115 Used to exist
  - 118 Dance parts
  - 120 Dark stain
  - 121 Smithereens
  - 123 Writer O'Brien
  - 124 Noel
  - 126 Wooden nail
  - 127 Yale attendee
  - 128 Pie — mode
  - 129 Chop (off)
  - 131 RBI part



## King Crossword

- ACROSS**
- 1 AAA job
  - 4 Fed. purchasing org.
  - 7 Hindu garment
  - 8 Intended
  - 10 Taken to the waves
  - 11 Sweater material
  - 13 Paycheck recipients
  - 16 Still
  - 17 Partners
  - 18 By way of
  - 19 Nerd-pack fill
  - 20 Take five
  - 21 Polecat
  - 23 Bank feature
  - 25 Kind
  - 26 Fork part
  - 27 Commotion
  - 28 Enraged
  - 30 Illuminated
  - 33 One-on-one sites in church
  - 36 Esprit de corps
  - 37 Screwdriver ingredient
  - 38 Construction fastener
  - 39 Previous nights
  - 40 Understand
  - 41 Scooted
  - 8 Spars
  - 9 Go places
  - 10 Agent
  - 12 Preferred invitees
  - 14 Foundered
  - 15 Perched
  - 19 Deposit
  - 20 Regret
  - 21 Gomorrah's sister city
  - 22 Swedish money
  - 23 Henry —
  - 24 Massachus-
  - 25 Pouch
  - 26 Boob tube
  - 28 Go
  - 29 Archipelago part
  - 30 Burdened
  - 31 Types
  - 32 Airport safety org.
  - 34 Icebox, for short
  - 35 PBS science show
- DOWN**
- 1 Fortune teller's deck
  - 2 "Carmina Burana" composer
  - 3 Magi
  - 4 Aladdin's ally
  - 5 Starch yielding palms
  - 6 In due time
  - 7 Certain

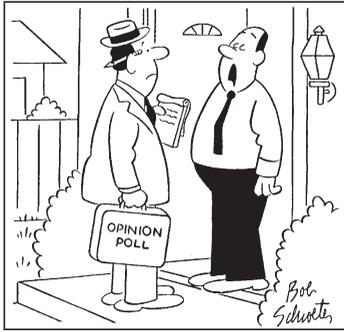


## MAGIC MAZE ● BALD IS BEAUTIFUL

J Q O L I G D B S Y W T R P M  
 K I F N D B A Y W A L U S I Q  
 O M C K A R D I F D L S B H Z  
 X W O S U D L D U S I A Q D O  
 N L N T J I R H U L H N V N I  
 F E N D H E C O L F C A A A S  
 R E E P N Y W I J V R M T G S  
 V S R N Q P W N L K U E I O A  
 H D Y E L S G N I K H R M H G  
 F R E M L L A B E C C O B L A  
 B Z Y W V U S R Q P N F M L E

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- |         |            |          |         |
|---------|------------|----------|---------|
| Agassi  | Churchill  | Foreman  | Savalas |
| Asner   | Connery    | Gandhi   | Ventura |
| Ballmer | Dr. Phil   | Jordan   | Willis  |
| Bryner  | Elmer Fudd | Kingsley |         |



"I can tell you what I think of having a nuclear power plant in this town in one word —

\_\_\_\_\_!"

answer on page 29

### SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Cover **ALOCK**

Reside **GOBLEN**

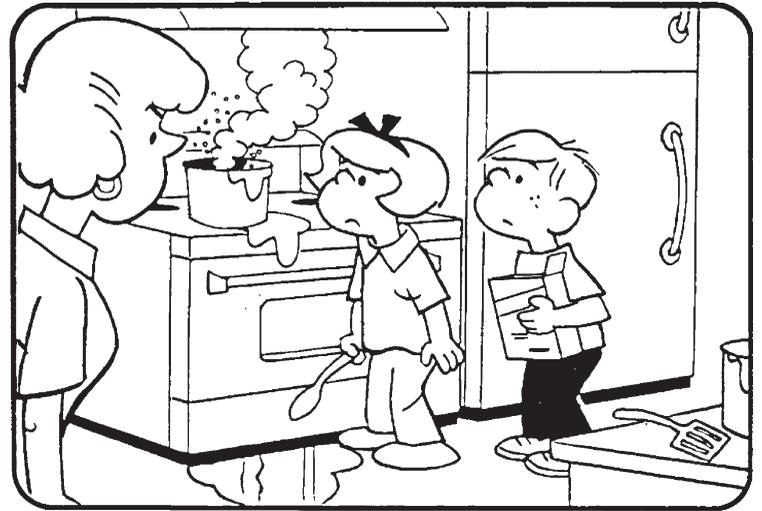
Vision **GAMIER**

Capture **PARENT**

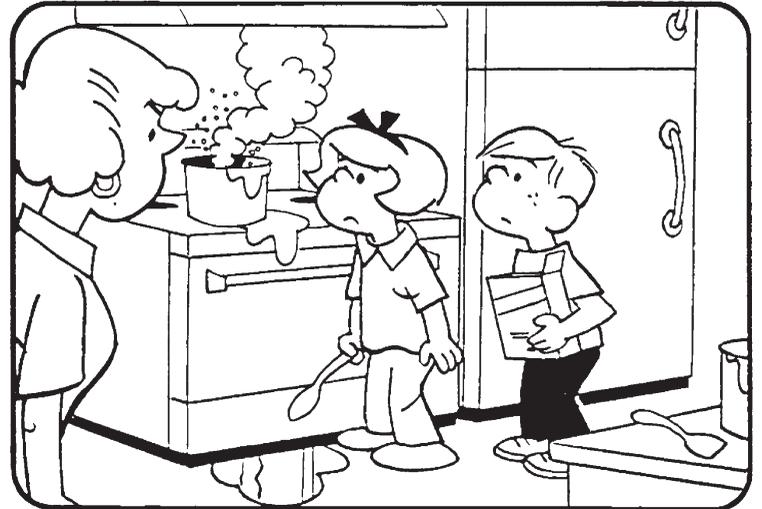
#### TODAY'S WORD

### HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Hair is different. 2. Oven window is missing. 3. Puddle is smaller. 4. Arm is moved. 5. Handle is smaller. 6. Spatula is different.

1				6	3			2
	7			9		5	4	
		5	8			9		
3			1	5				4
		2			7	1		9
4	1		6				5	
9		3	7					1
		8			5		2	
	2			4		8		

### SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 29

## Relief Funds Sought

When disaster strikes, those affected often need more than food, clothing and shelter. Some need psychological help as well. That's what Florida Gulf Coast University's new initiative aims to provide.

The recently created Marieb College of Health & Human Services Community Relief Fund will support the creation of trained groups of students, faculty and staff to go into surrounding communities to deliver disaster relief, including the supplies and psychological first aid survivors need.

After a training session in late September, the first team went out with 11 students, four faculty members and one community volunteer. They distributed \$1,000 worth of supplies and spent time talking with residents who were experiencing distress as a result of their experiences in Hurricane Irma and its aftermath.

The effort came about after the donation of \$5,000 from David W. and Dr. Alise G. Bartley, who moved to Bonita Springs from Canton, Ohio three weeks before Irma struck. Alise Bartley is an educator, therapist, and part-time faculty member at FGCU, who spent two weeks

volunteering to help counsel survivors of Hurricane Katrina in Biloxi, Mississippi.

She and her husband donated the first \$5,000 and have pledged another \$10,000 to match donations from other members of the community.

"We believe in this community and we want to be part of the solution for those who are struggling right now," she said.

So what, exactly, is psychological first aid?

"One of the main premises is to meet the person where they are," said FGCU counseling Associate Professor Abbe Finn, who has worked extensively in this field. "People react radically differently. You help them connect with their support system and help them to regain their balance."

Some people respond by fighting – fighting for their own lives or those of others, for example. The stress often hits them later, after the emergency has passed and they begin to experience anxiety, insomnia or loss of appetite. Others may freeze immediately and be unable to do anything for themselves or their families.

Psychological first aid is short-term counseling geared to helping them get back on their feet and start moving forward.

After the hurricane, Bartley was talking with other counseling faculty members, and they came up with a plan to create

these teams. They hope to conduct training sessions once a month or every other month and be ready when disasters such as hurricanes, fires or other emergencies strike.

By garnering community support for this project, "it will allow us to provide a longer-term response to the storm because we know some of the families are already in rough shape in the interior of the region – Immokalee, Lehigh. These families will have a much longer impact, especially those that were vulnerable to begin with," said Professor Madelyn Isaacs, chair of the FGCU counseling department.

The group that went out into the community on September 30 provided psychological first aid while also distributing items people in distress might need, things like fresh fruit, juice boxes, diapers, baby wipes, paper towels, cleaning products and personal items. Their intent is to broaden the effort to include volunteers from other specialties within the Marieb College as well.

The first team worked with the PACE Center for Girls, a not-for-profit that serves at-risk adolescent girls, as well as Gateway Elementary School in Fort Myers and Manatee Elementary in Naples.

Finn has extensive experience with psychological first aid, having worked with survivors on Wall Street following the 9/11 terrorist attacks, among other

places, and has seen the good it can do.

"It's intense but it's part of what I love about it," she said. "You're completely engaged. You're doing something."

Mitch Cordova, dean of the Marieb College, said that "integral to the DNA of the Marieb College of Health & Human Services is our desire to support the Southwest Florida community in times of need whether it's through direct health care services, servant leadership, or philanthropic support. Our aspiration to create the Marieb College Community Relief Fund is an extension of our mission, and truly represents the values and morals of our students, faculty and staff and their passion in helping those in need.

"Establishing this fund will allow the Marieb College to further extend into our community in ways we haven't done so previously in offering direct support and assistance to those who have suffered greatly from natural disasters recently, and any unforeseen events in the future. Helping those in need and making a small difference in peoples' lives is critical to the educational preparation of our students."

To donate to the Marieb College of Health & Human Services' Community Relief Fund, visit [www.fgcu.edu/donate](http://www.fgcu.edu/donate).

The team is planning another outreach project on Friday, December 8, at Everglades City School, which was severely impacted by Hurricane Irma.\*

 <b>FRIDAY</b> Mostly Cloudy High: 79 Low: 73	 <b>SATURDAY</b> Mostly Cloudy High: 77 Low: 71	 <b>SUNDAY</b> Chance Showers High: 74 Low: 68	 <b>MONDAY</b> Sunny High: 69 Low: 63	 <b>TUESDAY</b> Sunny High: 71 Low: 61	 <b>WEDNESDAY</b> Sunny High: 74 Low: 65	 <b>THURSDAY</b> Sunny High: 75 Low: 69
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Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	2:58 am	10:48 am	6:34 pm	9:59 pm	Fri	2:03 am	10:50 am	5:39 pm	10:01 pm	Fri	2:44 am	10:38 am	5:33 pm	9:52 pm	Fri	5:08 am	2:04 pm	8:44 pm	None
Sat	3:56 am	11:42 am	7:22 pm	11:39 pm	Sat	3:01 am	11:44 am	6:27 pm	11:41 pm	Sat	3:37 am	11:20 am	6:24 pm	10:45 pm	Sat	6:06 am	1:15 am	9:32 pm	2:58 pm
Sun	5:13 am	12:37 pm	8:02 pm	None	Sun	4:18 am	12:39 pm	7:07 pm	None	Sun	4:35 am	12:24 pm	7:13 pm	None	Sun	7:23 am	2:55 am	10:12 pm	3:53 pm
Mon	6:48 am	1:14 am	8:37 pm	1:30 pm	Mon	5:53 am	1:16 am	7:42 pm	1:32 pm	Mon	5:59 am	1:06 am	7:59 pm	1:30 pm	Mon	8:58 am	4:30 am	10:47 pm	4:46 pm
Tue	8:23 am	2:27 am	9:08 pm	2:19 pm	Tue	7:28 am	2:29 am	8:13 pm	2:21 pm	Tue	7:51 am	2:22 am	8:44 pm	2:22 pm	Tue	10:33 am	5:43 am	11:18 pm	5:35 pm
Wed	9:45 am	3:26 am	9:38 pm	3:04 pm	Wed	8:50 am	3:28 am	8:43 pm	3:06 pm	Wed	9:15 am	3:21 am	9:28 pm	3:10 pm	Wed	11:55 am	6:42 am	11:48 pm	6:20 pm
Thu	10:56 am	4:16 am	10:09 pm	3:45 pm	Thu	10:01 am	4:18 am	9:14 pm	3:47 pm	Thu	10:33 am	4:17 am	10:12 pm	3:59 pm	Thu	1:06 pm	7:32 am	None	7:01 pm

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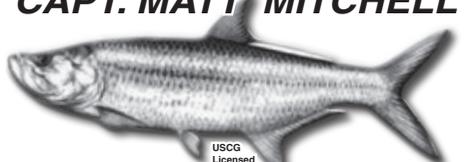
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**ANNUAL RENTAL**

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11/17 \* 12/08

## PUBLIC NOTICE

### PUBLIC INFORMATION MEETING

Sunshine Seafood Cafe and Wine Bar is holding a Public Information meeting at Keytime Bistro, 11509 Andy Rosse Lane on Friday, December 1 at 9 am to discuss the 2 COP Beer/Wine license for outdoor seating.  
11/24 \* 11/24

## LOST AND FOUND

### LOST - REWARD

Old U.S. Silver Dollar, likely at Sunday Farmer's Market. Sentimental value. Call (239) 472-3817.  
11/24 \* 12/1

## LOST PET

### LOST CAT, BLACK

Last seen East End of island, Lundgren area. [She lost her tracking collar in Kings Crown area]. Responds to name of "Blackie." Reward. Call 239-980-3592 or 239-277-0058.  
11/24 \* TFN

## Haven on Earth Animal League

### Amber And Sonny

Hi, I'm Amber. I'm Sonny's sister, and I'm just the cutest little calico girl with a white spot on my nose and ear tufts. I'm only 8 weeks old and currently staying with a foster mom. I need someone to love me forever – and hopefully adopt my sister too. My adoption fee is \$125 and includes spaying and vaccinations.

Hello, I'm Sonny. I'm Amber's sister, and I'm a very cute little girl. I'm only 8 weeks old. I have a beautiful white coat with flame point markings – maybe one of my parents was Siamese? I'm just waiting for someone to take me home and love me – and hopefully adopt my sister too. I'm staying with a foster mom and dreaming of my new forever home. My adoption fee is \$125 and includes spaying and vaccinations.



Amber

photos provided



Sonny

or email [havenonearthanimalleague@yahoo.com](mailto:havenonearthanimalleague@yahoo.com).\*

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472

## Lee County Domestic Animal Services

### Xander And Shawna

Hello, my name is Xander. I am a 1-year-old male hound mix that goes with anything. Black or brown, I will match it all. Just one look at my face, and you can't help but fall in love. I am very well-mannered and am learning new things each day from the fabulous staff of volunteers.

My adoption fee is \$40.

Hi, I'm Shawna. I am a 4-year-old female domestic shorthair who is the perfect combination of brains and beauty. I am self-sufficient, yet like to have someone around to snuggle up with at night. I like to watch what goes on, so be sure I have a place to watch everything.

My adoption fee is \$10, and I come with a two-for-one special.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at [www.LeeLostPets.com](http://www.LeeLostPets.com). When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still



Xander ID# 717787

photos provided



Shawna ID# 717719

available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations,

rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.\*

## Top 10 Real Estate Sales

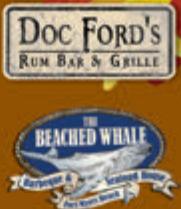
Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Cape Coral	Cape Coral	2007	4,211	\$2,250,000	\$1,820,000	326
Carolands	Bonita Springs	2004	3,618	\$1,995,000	\$1,925,000	221
Hidden Harbor	Fort Myers	2016	2,873	\$975,000	\$910,000	251
Cape Coral	Cape Coral	2000	2,474	\$845,000	\$790,000	14
Cape Harbour	Cape Coral	2007	2,853	\$749,900	\$720,000	5
Island Harbors	Matlacha	1969	2,542	\$725,000	\$700,000	27
Pinehurst	Estero	1998	2,147	\$699,900	\$645,000	171
Cape Coral	Cape Coral	1994	2,596	\$675,000	\$700,000	4
Islands End	Fort Myers Beach	2015	1,503	\$674,900	\$655,000	22
Cape Coral	Cape Coral	2004	2,341	\$614,900	\$600,000	230

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